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Tuesday



WARRICK PAGE/GETTY IMAGES

A supporter of ex-PM Nawaz Sharif is arrested.

Into Exile: Musharraf expels returned ex-Pakistani PM | **7**

Hate Crime: Noose on tree sparks UMd. investigation | **11**



On the Line:
Redskins look to fill Jansen's shoes at tackle | **13**

ENTERTAINMENT

No Contest:

Kanye West easily bests 50 Cent in the great rap debate. Plus, the Western rides again.

>> **17-22**



Petraeus Outlines Troop Cuts

General gets mixed reaction on Hill over Iraq drawdown

WASHINGTON | The top U.S. general in Iraq outlined plans Monday for the withdrawal of 30,000 troops by next summer, drawing praise from the White House but a chilly reception from anti-war Democrats.

Gen. David Petraeus said a 2,000-member Marine unit would return home this month without replacement in the first sizable cut since a 2003 U.S.-led invasion toppled Saddam Hussein and unleashed sectarian violence.

Further "force reductions will continue," he told a nationally televised congressional

hearing that was frequently interrupted by anti-war protesters. Petraeus said it would be "premature to make recommendations on the pace," and he recommended that Bush wait until March 2008 to make any decisions.

The cuts he outlined would return the U.S. force to levels in place when President Bush ordered a buildup last winter to allow the Iraqi government time to forge a reconciliation among feuding factions.



Petraeus

Petraeus' testimony came at a politically pivotal moment in a war that has claimed the lives of more than 3,700 U.S. troops in more than four years.

Bush is expected to make a nationwide speech on the war in the next few days, and White House press secretary Tony Snow said Bush will place a lot of weight on his general's recommendations. DAVID ESPO (AP)

♦ **Eye of the storm:** Petraeus stays calm during testimony amid lawmakers' furor over the Iraq war | **Page 3**

America Marks Six Years Since Sept. 11



IN MEMORY: A visitor to a memorial in Shanksville, Pa., on Monday pays tribute to those who died when United Flight 93 crashed there during the Sept. 11, 2001, terrorist attacks. Ceremonies across the U.S. today will mark the sixth anniversary of the attacks. ♦ **Bitter feelings:** Politics mars New York tribute | **Page 4**



HAVE SIX YEARS OF THE 'WAR ON TERROR' MADE THE UNITED STATES ANY SAFER? **A** YES **B** NO

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TUESDAY
87 65



WEDNESDAY
83 60



THURSDAY
79 65

TODAY: Hot and humid with a chance of a shower or thunderstorm | **34**

eyeOpeners

ANGRY DOGS

Santa's Little Helper Gets Really Jealous

A Seattle woman who faced up to 90 days in jail for registering her dog to vote has agreed to a deal that could remove the charge from her record. Jane Balogh, 66, will not be prosecuted on the charge of making a false or misleading statement to a public servant if she does 10 hours of community service, pays a \$250 fine and avoids violating the law for the next year. Balogh registered her Australian shepherd-terrier mix, Duncan M. McDonald, to vote in April 2006 by putting her telephone bill in the dog's name and using that as identification when she mailed the form to election officials to protest a change in the law that she believed made it too easy for noncitizens to vote. In November, she wrote "VOID" across the first ballot sent to the dog and returned it with an image of a paw print on the signature line. (AP)



MORE EMBARRASSING?

Caught Naked? Or Whooped by Old Man?

A man who allegedly tried to burglarize a home lost his clothes in a scuffle with the 69-year-old homeowner and then tried to streak away before he was arrested in Duluth, Minn. Wayne and Kathie Boniface returned home from dinner at a neighbor's house Thursday night to find the man in their house. Wayne Boniface said the man made the mistake of grabbing his wife. "As soon as he grabbed my wife, I had him in the kitchen wrestling him to the ground in a headlock and armlock," Boniface said. When police asked Boniface whether he could identify the suspect, he said: "Oh, yeah. I believe he's the only guy running nude in Duluth." The 20-year-old man was apprehended about 20 minutes later. He has been charged with two counts of first-degree burglary. The man's name was not released. (AP)



MIKOSTIG/AP/GETTY IMAGES

AIR GUITAR

No Strings Attached

A Japanese man out-"played" challengers to win the Air Guitar World Championship for the second consecutive year at a contest in Finland. Apart from the glory, Ochi Yosuke received a custom-made Flying Finn electric guitar worth \$3,400 after winning Friday night. (AP)



SAFETY FIRST

But at Least He Was Wearing Ear Plugs

A carpenter caught hammering nails and sawing wood in the nude has been found by a judge to be not guilty of indecent exposure. Alameda County Superior Court Judge Julie Conger ruled Thursday that although Percy Honniball of Oakland, Calif., was naked, he was not acting lewdly or seeking sexual gratification. Honniball, 51, was arrested last year after he was spotted building cabinets naked. The carpenter has said he likes to work in the nude because it's more comfortable and it helps him keep his clothes clean. Honniball was sentenced to two years' probation in 2003 after being caught three times working naked in Berkeley. (AP)

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HOW ROMANTIC: A 19-year-old woman was arrested in Laguna Beach, Calif., after an officer saw her smacking her live-in boyfriend with her purse during an apparent argument over whether to take a walk on the beach, police said.

Nation

In Brief

LOS ANGELES

Disney to Begin Testing Toys for Safety Problems

Following the recall of millions of toys by Mattel Inc., the Walt Disney Co. said Monday it will independently test toys featuring its characters. The media and entertainment conglomerate will hire companies to randomly buy Disney-branded toys from store shelves and test for lead paint and other safety issues, such as small parts that could come loose, Disney consumer products spokesman Gary Foster said. (AP)

WASHINGTON

FBI Opens Investigation Of Democratic Fundraiser

The FBI is investigating whether Democratic fundraiser Norman Hsu paid so-called straw donors



Hsu

to send campaign contributions to presidential hopeful Sen. Hillary Rodham Clinton and other candidates, a law enforcement official said Monday.

Federal authorities are looking into whether Hsu leaned on investors to contribute to political candidates after paying them earnings from a business venture he was running, the law enforcement official said. Such activities violate the Federal Election Campaign Act, which limits how much money individuals can give to candidates and political committees. (AP)



PABLO MARTINEZ MONSIVAIS/AP

FROM THE FRONT LINES: Gen. David Petraeus was calm and composed in his highly anticipated testimony on Capitol Hill.

Petraeus in the Spotlight

Lawmakers from both parties calmly receive general's careful report

WASHINGTON | A congressional hearing that lawmakers called the most important of the year opened like a rock concert Monday, with crackling anticipation and screeching feedback from the acoustic speakers. Yet this show turned out to be Gen. David Petraeus, unplugged.

Calm, measured and unflinching, the Iraq war commander

“No one is more conscious of the loss of life than the commander of the forces.”

GEN. DAVID PETRAEUS

walked lawmakers through the latest turns in the unpopular war, stopping well short of promising vic-

tory but asking the nation to give escalation a chance.

Even Democrats who despise the war policy were deferential in the face of the general's even-keeled demeanor and his shiny silver stars. "He's one of the best," said Democratic Rep. Ike Skelton of Missouri, who ran proceedings in the ornate hearing room and ordered a succession of protesters ejected when they shouted their anger about the war.

In his Army green, under sparkling chandeliers, Petraeus presented statistics on conditions in Iraq that leaped off the page like fever charts on a hospital bed, indicating the patient was terribly ill but might be coming around. He declared "it is possible to achieve our objectives in Iraq over time."

At the moment of highest anticipation — when Petraeus was finally asked to speak — his microphone failed. In the awkward minutes that followed, two more protesters made a commotion and were removed from the room.

Democrats were careful to exempt the general from their contempt of President Bush's course.

"This is not a knock on you," Rep. Tom Lantos, D-Calif., told Petraeus and Ryan Crocker, ambassador to Iraq. But he said they had come to Congress to "restore credibility to a discredited policy."

"With all respect to you," he went on, "I don't buy it."

Petraeus stayed cool when Democratic Rep. Robert Wexler of Florida pronounced this year's troop increase a failure and said seven more U.S. soldiers had died in Iraq during the hearing.

"No one is more conscious of the loss of life than the commander of the forces," Petraeus said. "That is something I take and feel very deeply, and if I did not think that this was a hugely important endeavor and if I did not think that this was an endeavor at which I could succeed, I would not have testified as I did here today." CALVIN WOODWARD (AP)

The occupying force: If Gen. David Petraeus has his way, tens of thousands of U.S. troops will be patrolling Iraq for years to come. | **Today's Post A Section**

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Nation

Visitors to the World Financial Center in New York view the remains of Ground Zero on the eve of the sixth anniversary of the terrorist attacks on the World Trade Center.

Tension Surrounds Sept. 11 Ceremony

Victims' families are angry about Giuliani's appearance at event

NEW YORK | Once again, the city will pause for four moments of silence to mark the attacks that killed thousands. Family members will lay flowers by the fallen twin towers, and the names of more than 2,700 victims will be read.

But much will be different on the sixth anniversary of Sept. 11, after tense arguments over the site of the ceremony and the appearance of a presidential candidate.

After bitterly objecting that they wanted to pay their respects closest to where their loved ones died, family members will be allowed to descend to the site below street level and lay flowers near where the towers stood.

Politics has played little role in

past ceremonies, which featured heartfelt messages to lost loved ones. The city's firefighters, however, could raise several issues — they are among thousands who say they suffer persistent respiratory problems after inhaling dust from the trade center's collapse.

And firefighters and several victims' family members are furious that Rudy Giuliani, the city's former mayor who has spoken every year at the ceremony, is doing so on Tuesday as a Republican presidential candidate.

Giuliani said last week that his appearance wasn't intended to be political.

"I was there when it happened, and I've been there every year since then. If I didn't, it would be extremely unusual. As a personal matter, I wouldn't be able to live with myself," Giuliani said Friday at a campaign stop in Florida. **AMY WESTFELDT (AP)**



YOUR CALL: A federal appeals court on Tuesday will consider whether a notorious "wardrobe malfunction" that bared singer Janet Jackson's breast during the televised 2004 Super Bowl halftime show was indecent, or merely a fleeting and accidental glitch that shouldn't be punished. The FCC levied a \$550,000 fine against CBS for the broadcast.

113

The total amount, in millions of dollars, donated to the University of California, Berkeley, by the William and Flora Hewlett Foundation, the largest gift in the school's history.

Nation

War Critic Hagel to Retire

Nebraska senator says he will not run for any political office in '08

OMAHA, NEB. | Republican Sen. Chuck Hagel, a thorn in his party's side when it comes to the Iraq war, announced Monday he would retire from the Senate and not seek any elected office in 2008.

"I said after I was elected in 1996 that 12 years in the Senate would probably be enough, and it is," Hagel said.

His exit means one more seat the minority Republicans will be forced to defend, and both parties are expected to bring in heavy hitters to vie for the spot. The contenders could include Democrat Bob Kerrey, a former U.S. senator and governor, and Republican Mike Johanns, the U.S. agriculture secretary and another former governor.

Hagel's Senate colleagues from both parties praised his service Monday.

"Chuck Hagel is one of the few



Sen. Chuck Hagel, R-Neb., will retire from the Senate in 2008 after 12 years of service. Democrats and Republicans are expected to compete aggressively for his seat.

genuine foreign policy experts in the Senate and an independent, serious voice on many of the most challenging issues we face," said Senate Minority Leader Mitch McConnell, R-Ky.

Hagel's decision is the latest setback for the minority Senate Republicans. Sen. John Warner of Virginia

and Colorado Sen. Wayne Allard also intend to retire, and incumbents in New Hampshire, Oregon, Minnesota and Maine face particularly competitive races.

The GOP has a good chance to retain Hagel's seat in Nebraska because the state is heavily Republican. ANNA JO BRATTON (AP)

Craig: Media Scrutiny Made Me Plead Guilty

Idaho senator files papers asking guilty plea be withdrawn

MINNEAPOLIS | Sen. Larry Craig filed court papers Monday seeking to withdraw his guilty plea in an airport sex sting, arguing that he entered the plea under stress caused by media inquiries into his sexuality.

Craig, an Idaho Republican, pleaded guilty in August to disorderly conduct following his June arrest in a sting operation in a men's bathroom at the Minneapolis airport.

In a "state of intense anxiety" following his arrest, Craig "felt compelled to grasp the lifeline offered to him by the police officer" and pleaded guilty to the disorderly conduct charge in hopes the matter would



Craig

not be made public, according to the court papers filed in Hennepin County District Court.

The filing said Craig panicked and accepted the plea rather than seeking the advice of an attorney.

Craig's attorney, William Martin, cited pressure from Craig's hometown newspaper, the Idaho Statesman, which spent months investigating whether Craig had homosexual encounters. Craig has denied such suggestions and accused the paper of conducting a "witch hunt."

Statesman executive editor Vicki Gowler issued a statement Monday defending the paper's investigation, which she said was done with "great care." JOSHUA FREED (AP)



Umer Hayat talks to reporters about the sentencing of his son, Hamid Hayat.

Man Sentenced For Terror Plans

SACRAMENTO, CALIF. | A California man was sentenced to 24 years in federal prison Monday for attending an al-Qaeda terrorist training camp in Pakistan and returning to the United States "willing to wage violent jihad." Hamid Hayat, a U.S. citizen, was convicted in April 2006 of providing material support to terrorists and lying about it to FBI agents. Prosecutors said Hayat intended to attack hospitals, banks, grocery stores and government buildings in California. (AP)

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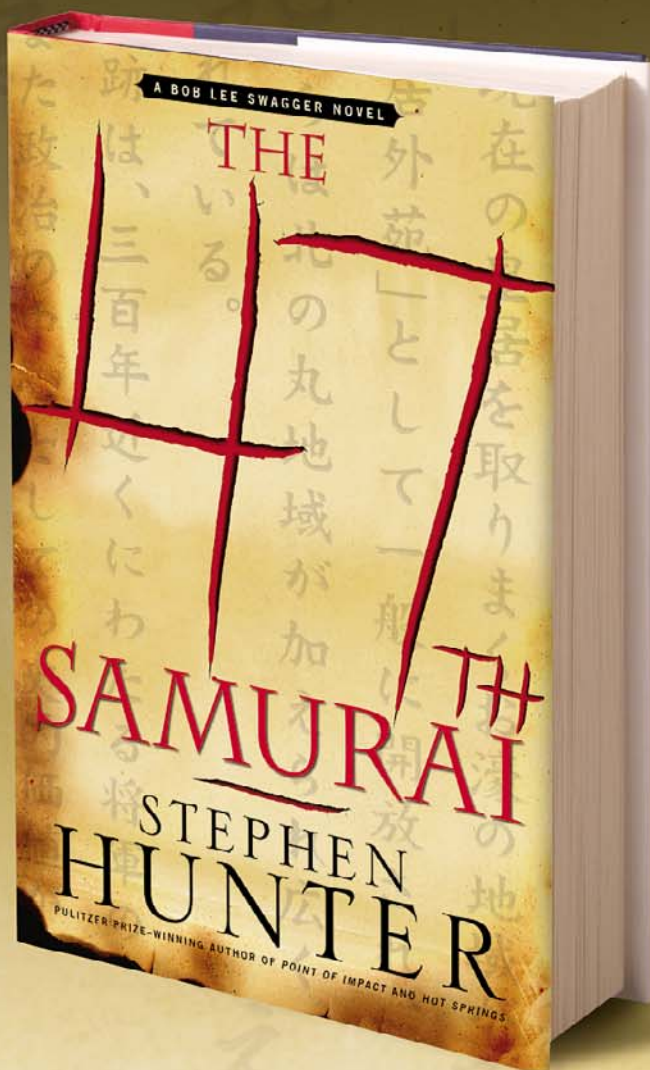
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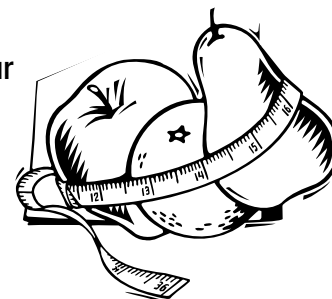
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SECOND LOOK: Archaeologists opened a Viking burial mound in Norway on Monday, seeking to learn more about two women — possibly a queen and a princess — laid to rest there 1,173 years ago. The site was home to one of the country's key archaeological finds, the Oseberg Viking longboat.

World

Ex-Pakistani PM's Return Rebuffed

Sharif is deported to Saudi Arabia hours after return from exile

ISLAMABAD, PAKISTAN | President Gen. Pervez Musharraf defied Pakistan's Supreme Court on Monday, sending commandos to the airport and tossing out a bitter rival hours after he returned from exile in hopes of making a political comeback and opposing the military leader.

The expulsion of Nawaz Sharif, who was ousted as an elected prime minister by Musharraf in a 1999 bloodless coup, could deepen the general's unpopularity and undermine the legitimacy of upcoming elections.



Sharif

Not long after he arrived from London to cheers from supporters accompanying him on the plane, Sharif was charged with corruption and money-laundering and bundled away by police from the airport VIP lounge. Four hours after landing, he was on a special flight to Saudi Arabia.

Pakistan's deputy information



UNREST: Supporters of Nawaz Sharif are arrested for trying to break through police lines at the Islamabad airport on Monday.

minister Tariq Azim told the British Broadcasting Corp. Sharif chose to go back into exile to avoid being detained and standing trial.

"It was a choice given to him that either he goes to a detention center and be detained and tried, or he goes and completes his 10-year [exile]

agreement that he has signed with the Saudi Government," Azim told the BBC in an interview, according to an excerpt provided ahead of its broadcast Monday night.

The deportation drew criticism from the European Union, which noted the Pakistani Supreme Court

ruled last month that authorities had no right to block Sharif's return.

Protests were called for Tuesday, and a hard-line Islamic coalition allied with Sharif said it would join the demonstrations.

MATTHEW PENNINGTON (AP)

Afghan Suicide Bombing Kills 28

KANDAHAR, AFGHANISTAN | A suicide bomber on a motorized rickshaw detonated explosives Monday in a marketplace in southern Afghani-

stan, killing 28 people in one of the deadliest bombings since the fall of the Taliban. Children selling chewing gum and cigarettes were among

the victims of the blast.

The attacker was apparently targeting a police commander when he detonated his bomb near a taxi stand in Helmand province, the world's largest poppy-growing

region and site of the country's worst violence this year.

Gereschk district chief Abdul Manaf Khan said 28 people were killed, including 13 police officers and 15 civilians. (AP)



A powerful pipeline fire rages near the town of Omealca, Mexico, on Monday.

Mexican Oil, Gas Pipelines Set Ablaze by Rebels

VERACRUZ, MEXICO | A shadowy leftist guerrilla group took credit for a string of explosions that ripped apart at least six Mexican oil and gas pipelines Monday, rattling financial markets and causing hundreds of millions of dollars in lost production.

The six explosions could be seen miles away and set off fires that sent flames and black smoke shooting into the skies. There were no immediate reports of injuries directly caused by the fires.

It was the second time in three months that the so-called People's Revolutionary Army claimed responsibility for a pipeline attack as part of what it has labeled its "prolonged people's war" against "the anti-people government." (AP)

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World



WHAT A CATCH: After catching a striped bass with President Bush in Maine in July, Russia's Vladimir Putin seems to have become hooked on fishing. Since reeling in that catch, Putin has taken Prince Albert II of Monaco fishing in Siberia and invited Bush to try his luck in Russian waters.

Second Bin Laden Video to Be Aired

Terror chief to appear in new tape to mark 9/11, al-Qaeda says

CAIRO, EGYPT | Osama bin Laden will appear for the second time in a week in a new video to mark the anniversary of the Sept. 11, 2001, attacks, presenting the last will and testament of one of the suicide hijackers, al-Qaeda said Monday.

Each year, al-Qaeda has released videos of last statements by hijackers on the anniversary of the attacks. But this year's releases underline how bin Laden is re-emerging to tout his leadership of the jihad movement. While past anniversary videos featured old footage of bin Laden, the latest appears likely to include a newly made speech.

Bin Laden had not appeared for



Bin Laden had not appeared for nearly three years until a recent tape emerged.

nearly three years until a new video was released over the weekend. In that video, he addressed the American people, telling them the war in Iraq is a failure and taking on a new anti-globalization rhetoric.

Al-Qaeda's media arm, Al-Sahab, announced the second video Monday on an Islamic militant Web forum.

The video was likely to be released within 24 hours to coincide with Sept. 11, said Ben Venzke, head of IntelCenter, a U.S. group that analyzes militant messages. (AP)

In Brief



Colombian soldiers transport alleged drug trafficker Diego Montoya Monday.

BOGOTA, COLOMBIA Alleged Cocaine Kingpin Diego Montoya Is Arrested

Elite troops swarmed onto a small farm Monday and captured one of the world's most wanted drug lords hiding nearby in his underwear. Colombian authorities called it their biggest drug war victory since the 1993 slaying of Medellin cartel leader Pablo Escobar. Diego Montoya allegedly leads the Norte del Valle cartel, Colombia's most powerful and dangerous trafficking organization. (AP)

KHARTOUM, SUDAN AU, Rebels: Illegal Air Strikes Launched on Darfur

Sudanese government forces resumed air strikes in Darfur on Monday with an attack on a town that killed more than a dozen civilians, African Union peacekeepers and rebels said. Air raids on Darfur are in breach of several cease-fire agreements. Despite frequent accusations, Sudan's military regularly denies it conducts air strikes, as was the case Monday. (AP)

ROTHLEY, ENGLAND Missing Girl's Parents Await News of Possible Charges

The parents of missing 4-year-old Madeleine McCann were waiting to find out whether a Portuguese prosecutor will file charges against them after police submit their case Tuesday. Portuguese police said they expected to hand-deliver on Tuesday the results of their investigation into the girl's disappearance from a hotel in Portugal. Police named Kate and Gerry McCann as suspects Friday. (AP)



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LEADING MAN: Palestinian President Mahmoud Abbas' popularity has increased since his Hamas seized control of the Gaza Strip, a new poll finds. If presidential elections were held today, Abbas would win 59 percent, compared to 36 percent for Hamas' deposed prime minister, Ismail Haniyeh.



World



An Iraqi soldier inspects the scene of a car bombing in Baghdad on Monday. Iraqi Prime Minister Nouri al-Maliki says U.S. military help is still needed for security.

9 American Soldiers Reported Killed in Iraq

Al-Maliki says Iraqi army not ready to take over without U.S. help

BAGHDAD | The U.S. military reported the deaths of nine soldiers Monday — including seven killed in a vehicle accident — and Iraq's prime minister said the nation's armed forces were not ready to fight without American help.

Nouri al-Maliki told Iraq's parliament that the U.S. military is still needed despite what he described as a sharp drop in violence in the Baghdad area since President Bush ordered nearly 30,000 extra troops to Iraq this year.

"We still need more efforts and time in order for our armed forces to be able to take over security in all Iraqi provinces from the mul-

tinational forces that helped us a great deal in fighting terrorism and outlaws," al-Maliki said.

In western Baghdad, seven U.S. soldiers were killed in a vehicle accident that also claimed the lives of two detainees, the military said. Eleven soldiers from Multinational Division-Baghdad and one detainee were also injured in the west Baghdad accident, the military said without giving further details. The U.S. statement made no mention of hostile fire and did not specify the neighborhood.

Another U.S. soldier was killed and two were injured when their vehicle overturned east of the capital, the military said in a statement. The military also said a soldier died Sunday of wounds suffered in fighting near Kirkuk in northern Iraq. (AP)

Poll: Surge Has Worsened Security

WASHINGTON | Overwhelming numbers of Iraqis say the U.S. troop buildup has worsened security and the prospects for economic and political progress in their country, according to a poll released Monday that provides a strikingly bleak appraisal of the war.

Forty-seven percent want American forces and their coalition allies to leave the country immediately,

the survey showed, 12 points more than said so in a March poll as the troop increase was beginning. And 57 percent — including nearly all Sunnis and half of Shiites — said they consider attacks on coalition forces acceptable, a slight increase over the past half-year.

The poll was conducted by ABC News, the BBC and Japan's public broadcaster NHK. (AP)

S. Africa's Biko in Fashion

Popular use of images of anti-apartheid hero stirs debate on respect

JOHANNESBURG, SOUTH AFRICA | T-shirts bearing the image of Steve Biko, the symbol of black resistance worldwide who was killed by apartheid police, can be found for sale at flea market stalls and exclusive boutiques across South Africa.

The question is whether the latest fashion is a sign the post-apartheid youth culture is embracing Biko's message of racial pride and African unity, or just crass commercialization of one of the most important figures in South African history.

Biko, 30, died of a brain injury in a cell in Pretoria Central Prison on Sept. 12 1977, after being beaten and tortured by apartheid police. The 30th anniversary of his death is to be commemorated this week with events that include a speech by President Thabo Mbeki.

At 22, Kenneth Mulaudzi was



ICONIC: Store manager Sicelo Dubazane wears a T-shirt with an image of late black consciousness movement leader Steve Biko in a boutique in Johannesburg.

still a boy when apartheid ended in 1994. In a Johannesburg store over the weekend, Mulaudzi eyed a \$28 T-shirt bearing Biko's image.

"It's not just a fashion statement. It is also a political statement," Mulaudzi said defiantly. "Young people are proud of him. He is a hero. He fought for us."

But Johannesburg-based aca-

demic and cultural commentator Achille Mbembe, who is delivering a lecture in Biko's honor this week, doesn't see fashion as a fitting tribute.

"I think South Africa could commemorate Biko's contribution to black emancipation in more powerful ways," he says.

CELEAN JACOBSON (AP)



ASK BETSY
About Student Loans

This column, contributed by American Student Assistance*, a non-profit that provides student loan borrowers with the education and encouragement they need to successfully manage their debt, is published in the Express each month. You can "ask Betsy" questions about applying for student loans, repaying your loans, or what to do if you're having trouble paying your loans back. E-mail your questions to askbetsydc@amsa.com.



The Cost of Withdrawing from School

Dear Betsy,
I hope you can shed some light on my student loan situation. I enrolled in a school that, from the beginning, let me know if I wanted to cancel or withdraw, I could do so after the first class, which I ended up doing. After two months, the school sent me a letter stating I owed \$75 for an application fee. I am currently enrolled in another college and was looking at my loan history on the National Student Loan Data System (NSLDS), which shows that I have \$6,000 in loans from my previous school. I have tried asking my previous school for an explanation, but have gotten nowhere. My current school has not been able to assist me either.

My questions are:

- Do I really have to pay \$6,000 or more for a class I withdrew from?
- Is this affecting my financial aid at my current college?

I really hope you can help.

Desperate and confused,
Karen

Dear Karen,
Colleges generally have strict policies about adding or dropping classes, and the timeframe for doing so, in order to ensure that you are not charged for a class you don't want to take. These policies must be provided to you by the school upon request and are usually posted on the school's website, as well. The usual process is that

you must fill out an add/drop form and submit it before the deadline. Each school has a different policy when it comes to adding and dropping, but the general rule is that you have to withdraw from the class within the first few weeks in order to receive any reimbursement of funds. Dropping a class after that deadline may result in only a partial refund, or perhaps none at all.

The \$75 fee that you described sounds like a general college application fee. This is the fee that the college charges you to process your transcripts when you apply to the school. This is almost always non-refundable, whether you stay in a class or not, and schools usually include a statement on their application forms that mentions this, so as to avoid confusion later.

I would recommend that you contact your school again and ask them to clarify the policy for adding and dropping classes. If you did follow their procedure within the required timeframe, you will want to work with them to ensure you receive your appropriate refund of loan funds.

Please let me know if you have any further questions, and thank you for writing.

Regards,
Betsy

When a Parent Borrower Dies

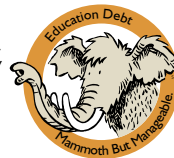
Dear Betsy,
My father passed away a few months ago. While going through his bills and records, I found he

had taken out a few PLUS loans in his name for my brother and me. I fully intend on paying these but need a few months to get the estate together before I am able to do so. I called the lender to ask for forbearance and was told, because I was not the borrower, I couldn't apply for the forbearance. I suppose I shouldn't care about this as there is no credit to ruin, but my mother is starting to receive calls for collection, and I would like that to stop. Is there anything I can do?

Thank you,
Kelly

Dear Kelly
First, let me extend my sympathies to you and your family. Federal PLUS loans are fully dischargeable upon the death of the borrower. If you contact the lender and let them know your father has passed away, they will immediately put the loans on "hold" for 60 days. For discharge, you will need to send them an original death certificate (not a photocopy) as soon as possible. Once it is received, they will fully discharge the loans effective immediately. Any payments you may have sent since the discharge will also be returned to you, so make sure they have the appropriate address.

Regards,
Betsy



Have a question about student loans? E-mail me at askbetsydc@amsa.com



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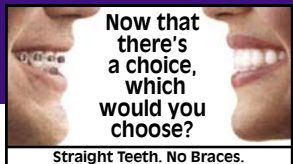
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Money

TV, Web Draw Battle Lines

Duel looms over using unused airwaves for better Internet access

WASHINGTON | Television broadcasters on Monday launched an advertising campaign to fight a technology industry proposal to transmit high-speed Internet service over unused airwaves.

The National Association of Broadcasters, which is worried about possible interference with over-the-air TV programming, said TV spots will air in the Washington, D.C., area and print ads will run in Capitol Hill publications for several weeks.

The ad blitz is aimed against an initiative by a high-technol-

ogy coalition that seeks federal regulatory approval for a prototype device that could transmit high-speed Internet, or broadband, service over unlicensed and unused TV spectrums, also known as "white spaces."

The technology coalition — which includes Microsoft Corp., Google Inc., Dell Inc., Hewlett-Packard Co., Intel Corp., EarthLink Inc. and Philips Electronics North America Corp. — said the devices could make Internet service more accessible and affordable, especially in rural areas, and also could spur innovation.

But the NAB, whose members include Walt Disney Co.'s ABC division and Univision Communications Inc., is fearful such devices could

interfere with millions of TV sets.

"While our friends at Intel, Google and Microsoft may find system errors, computer glitches and dropped calls tolerable, broadcasters do not," said NAB Chairman Alan Frank, president of Post-Newsweek Stations, in a statement.

Broadcasters said they are not against new technology and support alternative means of providing broadband service in underserved rural areas.

According to its timetable, the Federal Communications Commission could adopt rules for operating unlicensed devices in the white-space spectrum by October and start certifying similar devices that meet technical requirements. (AP)

In Brief

NEW YORK

Dollar Trading Near Record Lows Against the Euro

The dollar fell near record lows Monday against the euro, weighed down by last week's disappointing U.S. jobs data and chances that an interest rate cut by the Federal Reserve is on the way. The euro traded as high as \$1.3816 before slipping

back to \$1.3808 in late trading. That was still above the \$1.3768 it bought late Friday, and not far short of the 13-nation currency's all-time high of \$1.3852. Lower interest rates, used to jump-start the economy, can weaken a currency by giving investors lower returns on investments denominated in it. (AP)

SAN JOSE, CALIF.

Apple Sells Millionth iPhone After Slashing Its Price

Apple Inc. sold its millionth iPhone

over the weekend, days after it slashed the price by a third to spur sales. The milestone was reached weeks earlier than expected and sent shares of Apple up \$4.94, or 3.8 percent, to \$136.71. The stock regained some of the ground it lost after the price cut spooked investors as a sign of weak demand and slimmer margins. It took just 74 days for the combination cellphone-iPod to hit the 1 million mark, which Apple had said it would achieve by the end of September. (AP)

Market Action

New York Stock Exchange

Gainers

STOCK	LAST	DAILY CHANGE	DAILY PERCENT CHANGE
KMG Am	5.81	+2.32	+66.5
CPI	42.53	+4.56	+12.0
DoralFn rs	20.10	+2.15	+12.0
NtwkEq	12.78	+1.24	+10.7
VMware n	76.76	+7.26	+10.4

Losers

KrispKrm	3.24	-.67	-17.1
BearingP l f	4.89	-.76	-13.5
WestwOne	2.43	-.30	-11.0
CBRE Rlt n	4.82	-.57	-10.6
StdPac	8.04	-.91	-10.2

NASDAQ Stock Market

Gainers

STOCK	LAST	DAILY CHANGE	DAILY PERCENT CHANGE
InnoCrd nh	3.35	+.68	+25.5
EuroTech	3.28	+.54	+19.7
Caraustar	4.75	+.72	+17.9
Pharmsst n	12.00	+1.60	+15.4
Iomai	1.90	+.05	+2.7

Losers

Replgn	4.12	-.89	-17.8
Cardica	8.40	-1.52	-15.3
Clearwire n	23.03	-3.44	-13.0
StratusPrp	26.10	-3.54	-11.9
AvalonPh	5.10	-.67	-11.6

Rates

	CURRENT	PREVIOUS WEEK
Prime Rate	8.25	8.25
Fed Funds close	4.94	5.00
3-month disc	3.80	4.35
2-year	3.83	4.12
10-year	4.32	4.55
30-year	4.64	4.84

Currency (Dollars in foreign currency)

	TODAY	PREVIOUS DAY	YEAR AGO
British Pound	.4931	.4931	.5362
Canadian Dollar	1.0525	1.0554	1.1204
European Euro	.7242	.7263	.7889
Japanese Yen	113.56	113.34	116.87
Mexican Peso	11.1335	11.1480	11.0120
Taiwanese Dollar	33.16	33.15	32.83

DOW	NASDAQ	S&P 500
+14.47	-6.59	-1.85
+0.11	-0.26	-0.13
13127.85	2559.11	1451.70

Biotech Stocks

STOCK	LAST	DAILY CHANGE	YEAR TO DATE PERCENT CHANGE
Amgen	51.04	+.14	-25.3
Amylin	48.51	+.47	+34.5
BiogenIdc	65.22	-.56	+32.6
Celgene	66.13	+1.06	+14.9
ChRvLab	53.00	-.14	+22.5
Genentch	79.15	+.06	-2.4
Genzyme	62.95	+.05	+2.2
GileadSci s	37.45	-.21	+15.4
Ilumina	49.32	+2.32	+25.5
Imclone	37.93	+1.19	+41.7
Invitrogn	80.31	+.31	+41.9
MillPhar	9.84	-.11	-9.7
QIAGEN	17.07	-.07	+12.8
Techn	62.81	-1.90	+13.3
VertxPh	39.85	+.10	+6.5



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The amount, in dollars, of the new hourly wage for county employees approved Monday by the Fairfax County Board of Supervisors. Those eligible are full-time benefitted workers in maintenance, custodial and administrative positions.

Local

In Brief

LARGO, MD.

Six Flags Investigates Roller Coaster Malfunction

Six Flags America in Largo is investigating what may have caused a roller coaster to automatically shut down, stranding riders. A ride called "Two-Face: The Flip Side" shut down Sunday. Park officials say an unknown malfunction triggered a switch to stop the ride. There were no injuries, but two passengers asked to be taken to a hospital as a precaution. (AP)

RHODESDALE, MD.

Town Councilman Is Killed In Hit-and-Run Accident

Maryland State Police are investigating a hit-and-run accident in Rhodesdale that killed Brookview Town Councilman Russell Powell. Police say he was struck Friday evening while riding along Route 331 on a motorized scooter. Powell was flown to Peninsula Regional Medical Center in Salisbury, where he was pronounced dead. The other vehicle fled the scene. (AP)

BALTIMORE

Coalition of Ministers Endorse Dixon for Mayor

One day before Baltimore's Democratic primary, a coalition of ministers has endorsed Mayor Sheila Dixon and City Council President Stephanie Rawlings-Blake. The Rev. William Calhoun, president of the Interdenominational Ministerial Alliance of Metropolitan Baltimore, says Baltimore needs experienced leaders who can continue the city's progress. In particular, he says, it is "not the time for a novice" in the council president's office. (AP)

EASTON, MD.

Fire That Killed 2 Teens, 1 Adult Ruled Accidental

Autopsies for three people killed in a Talbot County fire have concluded the victims died accidentally from thermal injuries and smoke inhalation. The fire killed 20-year-old Kennedy Fitzgerald, his 18-year-old sister Margaret and his 19-year-old girlfriend Christine Maier, Aug. 18 in the Arcadia Shores community. (AP)

Possible UMd. Hate Crime Probed

Noose found hanging near building housing black campus groups

COLLEGE PARK, MD. | University of Maryland police were investigating a possible hate crime after what appeared to be a noose was reported hanging in a tree near a building that houses several black campus groups.

The rope was found between

the school's student union and the Nyumburu Cultural Center, where organizations such as the Black Faculty and Staff Association and the Black Explosion newspaper are based. Police say the location suggests the incident is racially motivated.

"We are starting out with the assumption that it was a hate crime," campus police spokesman Paul Dillon said Monday. Witnesses reported seeing the 3-foot-long

rope Thursday morning. The rope had a 3-inch diameter noose tied at its end and was reportedly 10 to 12 feet up in the tree, he said.



Mote

The rope was removed and destroyed by campus maintenance workers before police had a chance to see it, Dillon said. But the depart-

ment has photos and several witness accounts.

The rope may have been in the tree for as long as two weeks, he said. University President C.D. Mote Jr. said in a statement that the discovery was "of great concern."

"The possibility that this act appears intended to bring to mind the horrific crime of lynching, which is such a terrible and tragic part of our nation's past, is particularly abhorrent," Mote said. (AP)

WASHINGTON | FENTY TAKES A RIDE



HE'S JUST LIKE US! Mayor Adrian Fenty steps off a Metrobus Monday to attend a news conference to promote D.C.'s "No Car Day," which is Sept. 18.

Scholar Returns After Imprisonment in Iran

WASHINGTON | An Iranian-American scholar recently freed after spending more than three months in an Iranian prison on spy charges called Monday for greater dialogue between the United States and Iran.

Speaking on her first day back at work at the Woodrow Wilson International Center for Scholars, Haleh Esfandiari also described the 105 days she spent in prison for allegedly trying to undermine the country's Islamic government.

Esfandiari, 67, said she bore

no grudge toward Iran and was not mistreated. But she expressed frustration that Iranian intelligence officials mistakenly believed her work as head of the nonpartisan Wilson Center's Middle East program was part of a larger U.S. attempt to bring about a nonviolent revolution in Iran.

Esfandiari returned to her suburban Washington home Thursday, nearly nine months after she left in December for what she thought would be a short visit to see her mother in Tehran. (AP)

The Lotteries

Monday, Sept. 10

DISTRICT

Mid-day Lucky Numbers	6-5-7
Evening Lucky Numbers (Sun.)	9-2-1
Mid-day DC 4	8-4-2-3
Evening DC 4 (Sun.)	0-4-7-8
Rolling Cash Five (Sun.)	2-19-20-28-33
Daily 6 (Sun.)	12-17-25-29-33-37 Bonus: 23

All winning numbers are official only when validated at a lottery ticket location or a lottery claims office. Drawings that occur after Express's deadline will be published two days later.

MARYLAND

Mid-day Pick 3	9-6-9
Evening Pick 3 (Sun.)	2-6-3
Mid-day Pick 4	5-9-6-8
Evening Pick 4 (Sun.)	0-9-0-7
Match 5 (Sun.)	9-14-21-26-36 Bonus: 29

VIRGINIA

Mid-day Pick 3	9-6-2
Evening Pick 3 (Sun.)	3-5-9
Mid-day Pick 4	3-3-9-7
Evening Pick 4 (Sun.)	1-0-6-5
Mid-day Cash 5	1-2-9-22-34
Evening Cash 5 (Sun.)	1-7-8-17-22

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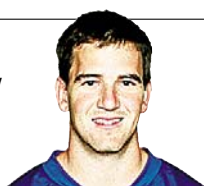
The Washington Post

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GIANT PROBLEM: Giants quarterback Eli Manning suffered a separated shoulder on Sunday and will be sidelined at least a month, ESPN reported, citing sources. Giants spokesman Pat Hanlon denied the report, saying, "Don't be shocked if you see him playing on Sunday."



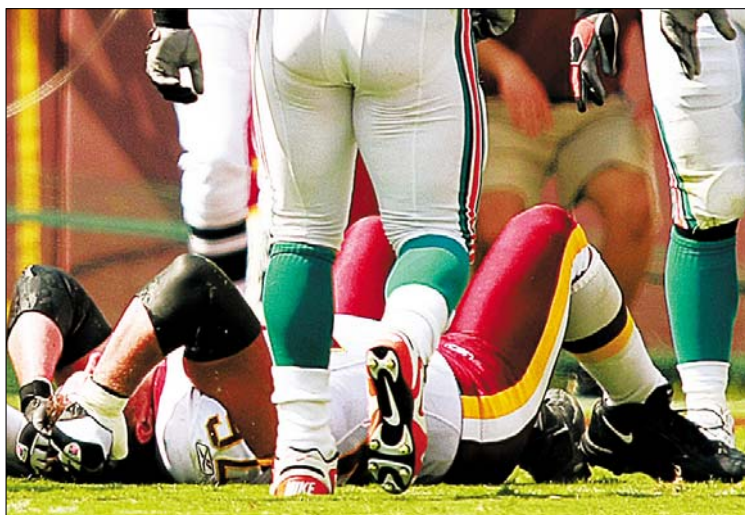
Sports

Broken Ankle Spells Season's End

Jansen will likely sit 4 months after surgery to repair fracture

REDSKINS | Right tackle Jon Jansen will undergo surgery to repair his fractured fibula and dislocated right ankle this week, an injury the Washington Redskins expect to effectively end his season. Coach Joe Gibbs said yesterday he has not decided whether veteran Todd Wade or undrafted rookie Stephon Heyer will take Jansen's spot Monday night in Philadelphia.

Jansen, a second-round draft pick in 1999 and the longest-serving player on the roster, was hurt early in the second quarter of the Redskins' season-opening victory Sunday, when Miami Dolphins linebacker Zach Thomas rolled up on his legs. The severity of the injury



BAD BREAK: Right tackle Jon Jansen lies on the ground in pain after breaking his right ankle. The injury will keep Jansen out four months, effectively ending his season.

was immediately apparent, Jansen said, and excruciatingly painful.

Although doctors reset the ankle on the field, the extent of the liga-

ment damage will not be known until surgery, which will take place Wednesday or Thursday. Jansen's ankle was twisted in the wrong

direction after the injury.

Gibbs said the injury is similar to the broken leg guard Randy Thomas suffered in 2005, and the prospects of a full recovery look good. "It's just one of those things that can happen," Gibbs said. "You hate it."

Jansen believes he will be ready to resume playing in roughly four months. He will spend six weeks in a cast and on crutches, after which he will wear a walking boot and should be able to put some weight on the ankle. Within 12 weeks after surgery, he should be cleared to run and after three to four months, he should be able to train fully.

Surgery could reveal more extensive ligament damage, which would affect the recovery.

"It's frustrating because it's

another lost year, and it's a year where I really felt the Redskins are going to take a big step forward, and I really felt like I was in great shape," Jansen said.

Heyer, an undrafted free agent who played college football at Maryland, is raw, but did well Sunday given his abrupt entrance and lack of experience. He also filled in for injured left tackle Chris Samuels in the preseason. Wade has been a proven NFL tackle when healthy, and received a two-year, \$6.2 million contract this offseason for precisely this situation. Wade said he believes he will take over for Jansen after getting "a nod" from Gibbs and associate coach Al Saunders. Gibbs said only that Wade "will play a big role for us."

"It's just a matter of us kind of seeing what's best for the team," Gibbs said. JASON LA CANFORA (THE WASHINGTON POST)

Late games: The Ravens took on the Bengals, and the Cardinals battled the 49ers in two games that ended after Express' deadline. For results | **Today's Post, Sports**

Hokies Hand Ball to Frosh QB Taylor

HOKIES FOOTBALL | Freshman quarterback Tyrod Taylor will get his first start Saturday when No. 18 Virginia Tech plays host to Ohio.

Taylor replaced starter Sean Glennon late in the first half of the Hokies' 48-7 loss to No. 2 LSU. Glennon, a junior who started the last 15 games, will be in a backup role.

"This is not a reflection on Sean," coach Frank Beamer said. "He's put so much into his preparation, and he's such a competitor. We just feel like with this football team and our offense, Tyrod fits our personnel better right now."

Taylor led Tech on its lone scor-

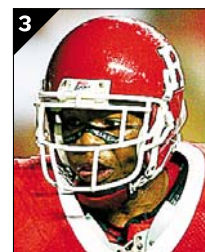
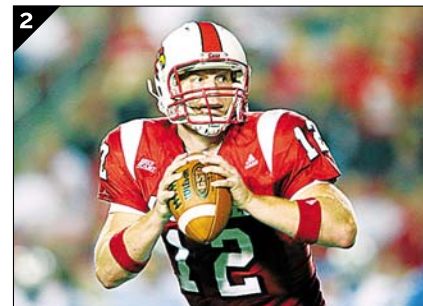
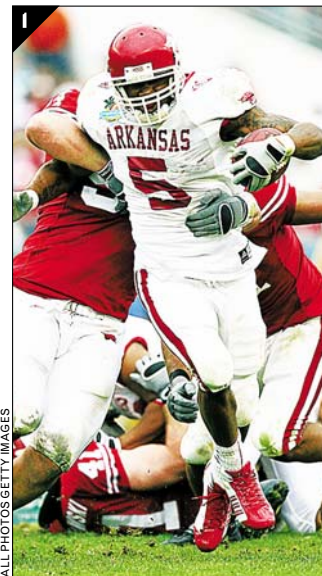


Hokies frosh Tyrod Taylor completed seven of 18 throws for 62 yards Saturday.

ing drive in Baton Rouge. He had 44 rushing yards, including a 1-yard touchdown, and was 7-of-18 for 62 yards in the air. (AP)

HEISMAN HOPEFULS

1 Darren McFadden, RB, Arkansas, was off this week, but remains the favorite. **2 Louisville QB Brian Brohm** established himself as the quarterback to beat, throwing for 401 yards and five TDs in Saturday's win — and Louisville needed every point. **3 Ray Rice** (RB, Rutgers) ran for 175 yards this week. He leads the nation in rushing and has scored five times. **4 DeSean Jackson** continues to prove he is college football's most explosive player. On Saturday, he scored on a 73-yard run. (EXPRESS)



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Sports

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The National Institute of Mental Health
National Institutes of Health, Department of Health & Human Services



Everett's Chance Of Recovery Slim

'Catastrophic' injury will likely hamper TE for the rest of his life

NFL | Buffalo Bills TE Kevin Everett sustained a "catastrophic" and life-threatening spinal-cord injury, and his chances of regaining a full range of body motion are very small, an orthopedic surgeon said Monday.

"A best-case scenario is full recovery, but not likely," Dr. Andrew Cappuccino said, one day after performing a four-hour operation on the player. "I believe there will be some permanent neurological paralysis. ... A full neurological recovery was bleak, dismal."

Cappuccino noted the 25-year-old did have touch sensation throughout his body and also showed signs of movement. But he cautioned that Everett's injury remained life-threatening, saying the player is still susceptible to blood clots, infection



A trainer helps Bills TE Kevin Everett after his injury during Sunday's game.

and breathing failure.

Everett is currently under forced sedation and breathing through a respirator as doctors wait for the swelling to lessen. Cappuccino said it will take up to three days to determine the severity of the injury and the recovery process.

During the operation, Cappuccino repaired a break between the third and fourth vertebrae and also alleviated the pressure on the spinal cord. JOHN WAWROW (AP)

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9

The world ranking of Venus Williams, who moved back into the top 10 after making the semifinals at the U.S. Open last week. It is the first time since Sept. 19, 2005, that both Venus and No. 7 Serena Williams are ranked in the top 10.

Sports

'Nightmare' for Argentina

Germany dominates club in women's World Cup opener, 11-0

WOMEN'S WORLD CUP | Defending champion Germany sent a strong message with its record-breaking 11-0 victory Monday over Argentina in the women's World Cup.

For the top-ranked United States, it serves as a warning heading into its opener Tuesday against North Korea in Group B. The margin of victory was the largest in the women's World Cup, and the goals were the most by a single team.

"It was a nightmare start for our team," Argentine coach Jose Carlos Borrello said.

Veteran forwards Birgit Prinz and Sandra Smisek combined for six goals — three each — as the Germans dominated every part of the Group A match over their smaller opponents.

Prinz, playing in her 165th game for Germany, scored with a thumping header, knocked in a loose ball



EUGENE HOSHIKO/AP

Germany's Sandra Smisek celebrates after the second of her three goals.

at the far post, and then slipped a glancing header past Argentine goalkeeper Vanina Correa.

Prinz's 12th overall goal in the World Cup finals equaled American Michelle Akers' record for World Cup goals and surpassed the previous German record of 11.

"It was easier than expected,"

Today's Matches

USA	5 a.m. ESPN2	N. KOREA
JAPAN	8 a.m. ESPN	ENGLAND
NIGERIA	8 a.m. ESPN2	SWEDEN

TOMORROW'S MATCHES

- Ghana vs. Australia, 5 a.m.
- New Zealand vs. Brazil, 5 a.m.
- Norway vs. Canada, 8 a.m.
- China vs. Denmark, 8 a.m.

Prinz said. "We had a lot of open space, and we used that space. We took our chances well."

The previous most lopsided scores in the World Cup were 8-0, when Sweden beat Japan in 1991 and Norway defeated Nigeria in 1995. SCOTT McDONALD (AP)

Swengali

REDSKINS | BY MATT SWENSON

Redskins Are As Advertised

ONE WIN INTO THE SEASON, the Redskins are exactly the team we thought they were.

Washington has a strong defense and a good running attack, but Jason Campbell is going to be up-and-down while he adjusts to life as an NFL quarterback. There were plenty of encouraging signs Sunday.

Even after losing Jon Jansen, Washington ran the ball well. Clinton Portis, in particular, looked to be at ease with the two-back system, in which he and Ladell Betts carried the ball 17 times each.

Assistant coach Al Saunders mixed in the pass quite nicely. Antwaan Randle El may not have many days quite as big as his 162-yard performance on Sunday. Then again, Santana Moss won't drop multiple passes very often, and Chris Cooley will help pick up the slack once more

balls are thrown his way.

Defensively, it was a return to form for Gregg Williams' unit.

The linebacking corps, in particular, has improved. Rocky McIntosh showed an infectious energy, collecting a sack and forcing a fumble. London Fletcher was a force in the middle, as well.

If there is one thing to nitpick, it's the lack of turnovers. Fred Smoot did his best Carlos Rogers

Fred Smoot did his best Carlos Rogers impersonation, dropping a surefire interception.

impersonation, dropping a surefire interception that would have been returned for a touchdown.

Enjoy the win, Redskins fans. There will be more this season, but work needs to be done before Washington is a playoff team.

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Sports

As a Father, Tiger Keeps on Winning

Woods has only picked up his already torrid pace in recent weeks

GOLF | The massive gallery chasing Tiger Woods around Cog Hill included his wife, Elin, who was on the golf course for the first time since giving birth to their daughter. It was a sign they are settling back into a routine, even if Woods never got out of one.

He's still winning.

For those wondering how fatherhood might affect him, Woods is 56 under par in the six tournaments he has played since Sam Alexis was born a day after the U.S. Open. That includes three victories, one of them a major, and another milestone.

Woods doesn't keep track of the numbers, so he was mildly surprised to learn that his two-shot victory over Aaron Baddeley in the BMW Championship on Sunday was



Tiger Woods, 31, won his 60th tourney this weekend in just his 11th season.

No. 60 in a PGA Tour career that began 11 years and 13 days earlier.

Only four other players have won that many times — Sam Snead, Jack Nicklaus, Ben Hogan and Arnold Palmer — and no one has reached that number so quickly. Woods is 31. Nicklaus was 35 and in his 14th season on tour when he won his 60th.

"I never, ever would have dreamt that this could have happened this soon," Woods said. "I've exceeded my expectations." DOUG FERGUSON (AP)

TODAY'S TV LINEUP

NATIONALS (7 P.M. ON MASN) Mike Bacsik gets the start in another all-important game against the NL East's cellar-dwelling Marlins.

ORIOLES (7 P.M. ON MASN2) The Orioles

begin a tough home series against the Angels.

WNBA (9 P.M. ON ESPN2) The WNBA season wraps up with the deciding game of the finals between Detroit and Phoenix.

MLB STANDINGS

THROUGH SEPT. 9'S GAMES

AMERICAN LEAGUE

EAST	W	L	PCT.	GB	HOME	ROAD
Boston	87	57	.604	—	44-25	43-32
New York	81	62	.566	5.5	47-27	34-35
Toronto	72	70	.507	14	42-27	30-43
Baltimore	61	81	.430	25	31-40	30-41
Tampa Bay	60	83	.420	26.5	35-40	25-43

CENTRAL	W	L	PCT.	GB	HOME	ROAD
Cleveland	83	60	.580	—	44-27	39-33
Detroit	77	66	.538	6	38-33	39-33
Minnesota	70	73	.490	13	37-35	33-38
Kansas City	62	80	.437	20.5	31-40	31-40
Chicago	61	82	.427	22	31-38	30-44

WEST	W	L	PCT.	GB	HOME	ROAD
L.A. Angels	84	59	.587	—	49-25	35-34
Seattle	75	66	.532	8	41-27	34-39
Oakland	69	75	.479	15.5	36-35	33-40
Texas	68	74	.479	15.5	42-32	26-42

NATIONAL LEAGUE

EAST	W	L	PCT.	GB	HOME	ROAD
N.Y. Mets	81	61	.570	—	38-30	43-31
Philadelphia	75	67	.528	6	41-30	34-37
Atlanta	73	70	.510	8.5	38-36	35-34
Washington	64	79	.448	17.5	36-35	28-44
Florida	61	82	.427	20.5	30-41	31-40

CENTRAL	W	L	PCT.	GB	HOME	ROAD
Milwaukee	73	69	.514	—	45-26	28-43
Chicago	72	70	.507	1	38-36	34-34
St. Louis	69	71	.493	3	39-31	30-40
Cincinnati	64	79	.448	9.5	35-37	29-42
Pittsburgh	63	80	.441	10.5	32-39	30-41
Houston	62	81	.434	11.5	36-33	26-48

WEST	W	L	PCT.	GB	HOME	ROAD
Arizona	81	63	.563	—	46-29	35-34
San Diego	77	65	.542	3	40-31	37-34
L.A. Dodgers	75	68	.524	5.5	37-32	38-36
Colorado	74	68	.521	6	43-28	31-40
San Fran.	65	78	.455	15.5	35-36	30-42

Travel smarter

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DON'T CALL IT JUNIOR: The fourth — and perhaps final — installment of the “Indiana Jones” franchise has a title. The new movie, which will be released May 22, 2008, will be called “Indiana Jones and the Kingdom of the Crystal Skull.”

Entertainment

Back in the Saddle

Russell Crowe and Brad Pitt bring new life to the Western

FILM | Bandit Russell Crowe and posse volunteer Christian Bale wage a war of wills on the trail in “3:10 to Yuma.” Outlaw Brad Pitt is done in by starry-eyed admirer Casey Affleck in “The Assassination of Jesse James by the Coward Robert Ford.”

The venerable Western rides again after falling out of favor in a film industry where horses, quick-draw gunfights and saloons with swinging doors seem like quaint relics.

Granted, “3:10 to Yuma” and “Assassination of Jesse James” are only two films among hundreds released each year. Yet it’s notable that two Old West tales should arrive together, “3:10 to Yuma” Sept. 7 and “Assassination of Jesse James” two weeks later.

Pitt, who stars as James, takes issue with the term Western, though. “I’m very hesitant to call this a Western, because it’s more of a psychological drama, a psychotic breakdown, than anything, which is probably a harder sell than a Western,” said Pitt, who plays James as a man succumbing to paranoia as he suspects old accomplices of betrayal.

The Western once seemed as



WARNER BROS. PICTURES

GO WEST: Brad Pitt stars as Jesse James in his new film — the second Western hitting screens this year. “3:10 to Yuma” topped the box office this past weekend.

plentiful on the big-screen as buffalo on the 19th-century plains. Now the genre is as scarce as a tumbleweed on the Hollywood Walk of Fame.

James Mangold — director of “3:10 to Yuma,” a remake of the 1957 Glenn Ford-Van Heflin tale about a poor rancher who is hired to help escort a captured felon — said the term Western nowadays has a negative ring to it. Audiences often think of Westerns as corny tales of good guys against bad guys, white hats against black hats, Mangold said.

“The simplicity of that is rarely found in Westerns, at least the good ones. It’s usually a lot of gray hats, with a very charming villain and a very flawed hero, and a lot of spaces in between,” Mangold said.

The genre has earned some good will on the small screen lately, thanks to the acclaimed Western series “Deadwood” and the movie “Bury My Heart at Wounded Knee.”

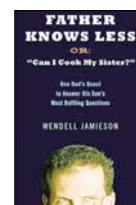
“Assassination of Jesse James” director Andrew Dominik is not a big fan of Westerns but does like the setting they offer for storytellers.

“It’s a great period of history, that period of western expansion, the Civil War,” Dominik said. “It’s pretty extraordinary the way people lived, and it’s not often portrayed accurately in cinema.” DAVID GERMAIN (AP)



FOR MORE TOP STOPS AND ENTERTAINMENT FEATURES, VISIT READEXPRESS.COM

'FATHER KNOWS LESS' The Name Says It All



Instead of the usual ask-your-mother reply, New York Times editor Wendell Jamieson chose to attack his son's inquisitive nature head-on.

“Father Knows Less Or: ‘Can I Cook My Sister?’” is the hilarious result of his quest to answer his son’s most baffling questions.

→ Olsson’s, 1307 19th St. NW; 7 p.m., free; 202-785-1133. (Dupont Circle)



SINGING AGAIN Moore Than a Pretty Face

With her status as a Hollywood starlet increasing, thanks to roles in successful flicks like “Saved” or “American Dreamz,” it’s easy to forget that Mandy Moore entered the lime-light behind a microphone. Singing from her new release (“Wild Hope”), Moore reminds fans that she’s not just something to ogle.

→ Birchmere, 3701 Mt. Vernon Ave, Alexandria; with Rachael Yamagata, 7:30 p.m., \$29.50; 703-549-7500.

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WHAT'S HAPPENING?

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DAMIAN DOVARGANES/AP

Beck created a video for every track of his latest album, “The Information.”

The Shrinkage Factor

Artists cut down on music videos to better suit the Web

CHANGE | The music video is shrinking.

With the music industry in crisis from falling sales and file sharing, labels have less cash to subsidize elaborate videos that will mostly be seen in miniature on computers. The result has been a major shift in the art form, as artists increasingly

embrace the YouTube aesthetic with cheap, stripped-down, low-production videos.

“The business is changing radically. It does feel smaller, cheaper,” says veteran music video director Samuel Bayer, whose many clips include Nirvana’s “Smells Like Teen Spirit,” Blind Melon’s “No Rain” and Green Day’s “Boulevard of Broken Dreams.”

Many artists and directors are now creating videos knowing they’ll have to compete for eyeballs on YouTube. OK Go’s famous treadmill-choreographed

video for “Here It Goes Again” was perfectly suited for viral distribution, but the power pop band is far from alone in its reconsidered methods.

For his album “The Information,” Beck Hansen personally created a video for every track. The silly, lo-fi videos — which ranged from puppet versions of the band to someone dancing in a bear mask and poncho — were posted on YouTube, and many copies of the album included a bonus DVD.

JAKE COYLE (AP)

Entertainment



THE WRITE STUFF: Joan Didion, the author and essayist best known for her memoir "The Year of Magical Thinking," will receive an honorary National Book Award medal this fall for her Distinguished Contribution to American Letters.

The Fall of TV Ratings

As DVRs change viewers' habits, can networks catch up?

TELEVISION | Here's one of the safest bets you'll find this fall: one month into the new television season, the media will be filled with stories about how poorly the networks are doing.

What's a little less certain is whether those stories will actually be true.

The broadcast networks are trying hard to get your attention for a season that kicks off on Sept. 23. ABC is passing out daisies to pedestrians to hawk its new series "Pushing Daisies." CBS is advertis-

ing its Miami-set "Cane" with an ad that smells like mojitos. Every new NBC series can be seen online before they air on television.

Yet if there's a faint odor of desperation in the air, that's understandable. The networks suffered through an alarming spring of poor ratings, followed by a lackluster summer. And it's not like the factors driving those problems have gone away.

Through digital video recorders, video on demand and streaming of programs on iTunes and elsewhere, there's no reason to fear anymore if you can't be in front of the TV Thursday to watch "Grey's Anatomy" live.

The problem is the TV business is used to instant results. Network executives have fax machines in their



RAISING "CANE": CBS is counting on Jimmy Smits' "Cane" to be a hit this fall.

bedrooms, or they can call a special number before dawn to hear how many people watched their prime-

time shows the night before.

An estimated one in five American homes with a TV now has a digital

video recorder, a sharp jump from the 12 percent last September, researchers say. Those numbers alone tell you more people will be taping their favorite programs to watch later.

That's bound to make those initial ratings ugly compared to the year before, fueling the notion that viewers are abandoning network TV.

To get a truer sense of how the industry is doing, it's probably better to wait for Nielsen Media Research's measurement of who watches a program within seven days of its first airing. Networks would also be interested in ratings for commercial minutes, and they take three weeks.

But who wants to wait that long when there are snap judgments to be made? "The technology of measuring how many people watch TV has not caught up with how people are watching TV," said Television Without Pity's Sarah Bunting. "They watch. They're just not making appointment television, because that's not really necessary." DAVID BAUDER (AP)

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SPOILSPORT: Kanye West says he will never return to MTV after being shut out at the Video Music Awards on Sunday night. "That's two years in a row, man. ... Give a black man a chance," he said during a tantrum in front of the media and crew backstage as the show was ending.

Entertainment

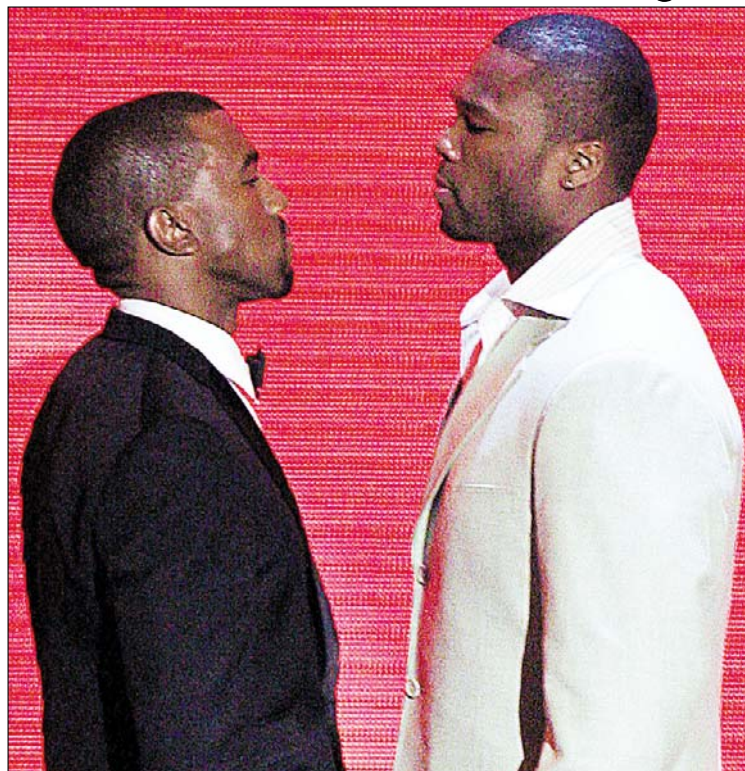
West KOs Fiddy

'Graduation' outdoes 'Curtis' in the battle of rap's biggest stars

MUSIC | Hip-hop's latest battle between two of its biggest egos — Kanye West and 50 Cent — has been building like a title fight in Vegas. Before the Tuesday release of their respective CDs, "Graduation" and "Curtis," 50 challenged West to a televised debate, called him a "worker bee" while describing himself as a "boss," and vowed to retire if West outsold him during their debut week.

In response, West has mostly downplayed Fiddy's bluster, re-channeling it as added publicity for his own release. The two share a Rolling Stone magazine cover posed nose-to-nose, evoking the great showdowns of our time.

If the contest was being judged solely on artistic vision rather than Soundscan tallies, however, West



HEAD TO HEAD: Kanye West, right, towers over 50 Cent — just like with his album.

could claim a landslide victory.

"Graduation" blends a different set of musical influences than West's "The College Dropout" and "Late Registration." Drawing from Daft Punk and Coldplay to loping, back-porch soul and '80s-era electro-disco rhythms, "Graduation" still sounds like a logical step forward.

Yet "Curtis" sounds like Fiddy is standing in place, with the familiar bruising basslines and slick, synth-heavy productions that have transformed the former drug dealer into one of the top-selling recording artists of any genre.

As on his previous releases, West measures his arrogance with self-conscious dollops of doubt, humor and vulnerability. Meanwhile, Fiddy's cockiness sounds like a comfortable artist repeating himself, afraid to tinker with a winning formula.

To wit, on the radio-ready track "Good Life," featuring the digitally enhanced singing of T-Pain, West takes some of his adversary's own advice, paraphrasing from Fiddy's 2003 smash "In Da Club": "50 told me go head switch your style up/ And if they hate, then let 'em hate and watch the money pile up."

BRETT JOHNSON (AP)

Wyman, 'Belinda' Star, Dies

APPRECIATION | Jane Wyman, an Academy Award winner for her performance as the deaf rape victim in "Johnny Belinda," star of the long-running TV series "Falcon



Crest" and Ronald Reagan's first wife, died Monday.

Wyman died early Monday at her Palm Springs home, said Richard Adney.

Wyman's age was listed as 93 in several reference books; however, other sources, including the official family Web site, say she was 90.

Wyman's film career spanned from the 1930s, including "Gold Diggers of 1937," to 1969's "How to Commit Marriage" From 1981 to 1990, she played Angela Channing on CBS' "Falcon Crest." (AP)

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<http://clinicaltrials.gov>



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GALLERY PLACE STADIUM 14

701 Seventh St NW 800-FANDANGO 1721#

Adv. Tix on Sale GOOD LUCK CHUCK (R) - ID REQ'D ★
Adv. Tix on Sale RESIDENT EVIL: EXTINCTION (R) - ID REQ'D ★

3:10 TO YUMA (R) - ID REQ'D (110 150 405 445) 700 740 955 1035
SHOOT 'EM UP (R) - ID REQ'D (230 455) 720 945
THE BROTHERS SOLOMON (R) - ID REQ'D (250 520) 800 1030
HALLOWEEN (R) - ID REQ'D (140 240 425 525) 710 810 1000
DEATH SENTENCE (R) - ID REQ'D (210 500) 750
BALLS OF FURY (PG-13) (125 355) 645 920
WAR - DIGITAL PROJECTION (R) - ID REQ'D (100 340) 620 900
ILLEGAL TENDER (R) - ID REQ'D 1005 PM
OC & DA: MR. BEAN'S HOLIDAY (G) (420) 915
MR. BEAN'S HOLIDAY (G) (155) 650
THE NANNY DIARIES (PG-13) (205 440) 715 940
SUPERBAD (R) - ID REQ'D (145 435) 725 1015
STARDUST (PG-13) (105) PM
RUSH HOUR 3 (PG-13) (135 400) 630 850
THE BOURNE ULTIMATUM (PG-13) (130 430) 730 1020
THE SIMPSONS MOVIE (PG-13) (410) 640 905
TALK TO ME (R) - ID REQ'D (120 415) 705

BALLSTON COMMON STADIUM 12

Glebe Rd, Arlington 800-FANDANGO 377#

SHOOT 'EM UP (R) - ID REQ'D (250 515) 740 1005
3:10 TO YUMA (R) - ID REQ'D (140 435) 730 1025
THE BROTHERS SOLOMON (R) - ID REQ'D (220 450) 720 945
DEATH SENTENCE (R) - ID REQ'D (205 500) 755 1040
HALLOWEEN (R) - ID REQ'D (210 505) 750 1035
BALLS OF FURY (PG-13) (240 510) 745 1010
DEATH AT A FUNERAL (R) - ID REQ'D (200 440) 710 940
SUPERBAD (R) - ID REQ'D (120 410) 700 950 1030
STARDUST (PG-13) (330) 630
BECOMING JANE (PG) (445) 1025
HAIRSPRAY (PG) (100 355) 650 955
HARRY POTTER & THE ORDER OF THE PHOENIX (PG-13) (115 420) 725
TRANSFORMERS (PG-13) 420 725
OC: RUSH HOUR 3 (PG-13) 935 PM (225) 735

BOWIE STADIUM 14

15200 Major Lansdale Blvd 800-FANDANGO 454#

Adv. Tix on Sale GOOD LUCK CHUCK (R) - ID REQ'D ★
Adv. Tix on Sale RESIDENT EVIL: EXTINCTION (R) - ID REQ'D ★

SHOOT 'EM UP (R) - ID REQ'D (145 445) 730 1045
3:10 TO YUMA (R) - ID REQ'D (130 430) 745 1030
THE BROTHERS SOLOMON (R) - ID REQ'D (200 415) 815 1030
DEATH SENTENCE (R) - ID REQ'D (1230 240 450) 710 910
HALLOWEEN (R) - ID REQ'D (100 200 415 500) 715 800 1000 1045
BALLS OF FURY (PG-13) (115 400) 645 930
WAR (R) - ID REQ'D (245 515) 800 1015
MR. BEAN'S HOLIDAY (G) (100 315 530) 745 1000
THE NANNY DIARIES (PG-13) (115 345) 700 930
SUPERBAD (R) - ID REQ'D (230 515) 800 1040
RUSH HOUR 3 (PG-13) (215 445) 700 915
UNDERDOG (PG) (215 430)
THE BOURNE ULTIMATUM (PG-13) (145 430) 730 1015
THE SIMPSONS MOVIE (PG-13) 645 915

BETHESDA 10

7272 Wisconsin Avenue 800-FANDANGO 569#

Adv. Tix on Sale GOOD LUCK CHUCK (R) - ID REQ'D ★
Adv. Tix on Sale RESIDENT EVIL: EXTINCTION (R) - ID REQ'D ★

SHOOT 'EM UP (R) - ID REQ'D (1200 220 430) 730 1000
THE BROTHERS SOLOMON (R) - ID REQ'D (1140 200 420) 700 1010
DEATH SENTENCE (R) - ID REQ'D (1135 200 435) 715 945
HALLOWEEN (R) - ID REQ'D (1135 205 445) 730 1000
BALLS OF FURY (PG-13) (1250 300 530) 800 1015
MR. BEAN'S HOLIDAY (G) (1230 240 450) 710 910
THE NANNY DIARIES (PG-13) (1140 210 445) 715 940
SUPERBAD (R) - ID REQ'D (1130 215 500) 745 1030
THE BOURNE ULTIMATUM (PG-13) (1145 230 515) 800 1030
HAIRSPRAY (PG) (1130 215 500) 745 1025

POTOMAC YARD STADIUM 16

3575 Jefferson Davis Hwy 800-FANDANGO 690#

Adv. Tix on Sale GOOD LUCK CHUCK (R) - ID REQ'D ★
Adv. Tix on Sale RESIDENT EVIL: EXTINCTION (R) - ID REQ'D ★

3:10 TO YUMA (R) - ID REQ'D (110 150 405 445) 700 740 955 1035
SHOOT 'EM UP (R) - ID REQ'D (230 455) 720 945
THE BROTHERS SOLOMON (R) - ID REQ'D (250 520) 800 1030
HALLOWEEN (R) - ID REQ'D (140 240 425 525) 710 810 1000
DEATH SENTENCE (R) - ID REQ'D (210 500) 750
BALLS OF FURY (PG-13) (125 355) 645 920
WAR - DIGITAL PROJECTION (R) - ID REQ'D (100 340) 620 900
ILLEGAL TENDER (R) - ID REQ'D 1005 PM
OC & DA: MR. BEAN'S HOLIDAY (G) (420) 915
MR. BEAN'S HOLIDAY (G) (155) 650
THE NANNY DIARIES (PG-13) (205 440) 715 940
SUPERBAD (R) - ID REQ'D (145 435) 725 1015
STARDUST (PG-13) (105) PM
RUSH HOUR 3 (PG-13) (135 400) 630 850
THE BOURNE ULTIMATUM (PG-13) (130 430) 730 1020
THE SIMPSONS MOVIE (PG-13) (410) 640 905
TALK TO ME (R) - ID REQ'D (120 415) 705

COUNTRYSIDE STADIUM 20

45980 Regal Plaza 800-FANDANGO 394#

Adv. Tix on Sale GOOD LUCK CHUCK (R) - ID REQ'D ★
Adv. Tix on Sale RESIDENT EVIL: EXTINCTION (R) - ID REQ'D ★

OC & DA: MR. BEAN'S HOLIDAY (G) (250) 1010
WAR - DIGITAL PROJECTION (R) - ID REQ'D (145 415) 725 1015
SHOOT 'EM UP (R) - ID REQ'D (1235 240 510) 750 1005
3:10 TO YUMA (R) - ID REQ'D (130 220 430 520) 730 830 1020
THE BROTHERS SOLOMON (R) - ID REQ'D (140 410) 720 950
DEATH SENTENCE (R) - ID REQ'D (210 445) 710 1010
HALLOWEEN (R) - ID REQ'D (1225 200 300 440 540) 740 840 1025
BALLS OF FURY (PG-13) (230 500) 735 1000
MR. BEAN'S HOLIDAY (G) (1240 515) 745
THE NANNY DIARIES (PG-13) (105 340) 630 920
SUPERBAD (R) - ID REQ'D (120 420) 715 1020
STARDUST (PG-13) (1220) PM
RUSH HOUR 3 (PG-13) (1230 245 530) 800 1030
BECOMING JANE (PG) (100 350) 640 940
UNDERDOG (PG) (215 450) 700
THE BOURNE ULTIMATUM (PG-13) (115 400) 650 945
THE SIMPSONS MOVIE (PG-13) (1250 315 535) 810 1030
HAIRSPRAY (PG) (1245 330) 630 910
HARRY POTTER & THE ORDER OF THE PHOENIX (PG-13) (310) 615 930
TRANSFORMERS (PG-13) 915 PM
RATATOUILLE (G) (110 345) 620 900

ROCKVILLE CENTER STADIUM 13

Rockville Town Center 800-FANDANGO 248#

Adv. Tix on Sale GOOD LUCK CHUCK (R) - ID REQ'D ★
Adv. Tix on Sale RESIDENT EVIL: EXTINCTION (R) - ID REQ'D ★

3:10 TO YUMA (R) - ID REQ'D (130 430) 730 1010
SHOOT 'EM UP (R) - ID REQ'D (1215 230 445) 745 1010
THE BROTHERS SOLOMON (R) - ID REQ'D (100 315 530) 815 1030
HALLOWEEN (R) - ID REQ'D (1215 200 300 500 530) 800 830 1030
SUPERBAD (R) - ID REQ'D (145 445) 745 1020
BALLS OF FURY (PG-13) (1230 245 515) 800 1015
RUSH HOUR 3- DIGITAL PROJECTION (PG-13) (1200 430) 945
OC: RUSH HOUR 3 (PG-13) (215) 730
DEATH SENTENCE (R) - ID REQ'D (1205 235 505) 735 1000
THE BOURNE ULTIMATUM (PG-13) (115 415) 715 1000
MR. BEAN'S HOLIDAY (G) (1200 230 500) 715 930
THE NANNY DIARIES (PG-13) (115 400) 700 930
HAIRSPRAY (PG) (130 415) 700 945
THE SIMPSONS MOVIE (PG-13) 945

FAIRFAX TOWNE CENTER 10

4110 W Ox Road 800-FANDANGO 670#

SHOOT 'EM UP (R) - ID REQ'D (145 420) 725 945
THE BROTHERS SOLOMON (R) - ID REQ'D (140 435) 730 955
HALLOWEEN (R) - ID REQ'D (110 150 340 430) 650 740 930 1010
BALLS OF FURY (PG-13) (125 410) 745 1005
DEATH SENTENCE (R) - ID REQ'D (120 350) 705 950
MR. BEAN'S HOLIDAY (G) (200 440) 720 935
RUSH HOUR 3- DIGITAL PROJECTION (PG-13) (130 415) 710 925
STARDUST (PG-13) (105 355) 645 940
HARRY POTTER & THE ORDER OF THE PHOENIX (PG-13) (100 400) 700 1000

GERMANTOWN STADIUM 14

20000 Century Blvd 800-FANDANGO 455#

Adv. Tix on Sale GOOD LUCK CHUCK (R) - ID REQ'D ★
Adv. Tix on Sale RESIDENT EVIL: EXTINCTION (R) - ID REQ'D ★

3:10 TO YUMA (R) - ID REQ'D (130 430) 730 1020
SHOOT 'EM UP (R) - ID REQ'D (115 445) 745 1015
HALLOWEEN (R) - ID REQ'D (100 200 400 500) 710 750 950 1030
DEATH SENTENCE (R) - ID REQ'D (150 450) 740 1020
BALLS OF FURY (PG-13) (145 410) 720 1010
WAR (R) - ID REQ'D (415) 1000
MR. BEAN'S HOLIDAY (G) (145) 715
OC & DA: MR. BEAN'S HOLIDAY (G) (430) 1000
THE NANNY DIARIES (PG-13) (110 410) 645 945
SUPERBAD (R) - ID REQ'D (200 500) 800 1030
RUSH HOUR 3 (PG-13) (140 420) 745 1015
THE BOURNE ULTIMATUM (PG-13) (120 415) 700 950
THE SIMPSONS MOVIE (PG-13) (130) 645
HAIRSPRAY (PG) (120 450) 730 1010
HARRY POTTER & THE ORDER OF THE PHOENIX (PG-13) (100 440) 800

UA SNOWDEN SQ STADIUM 14

9161 Commerce Ctr Dr 800-FANDANGO 570#

Adv. Tix on Sale GOOD LUCK CHUCK (R) - ID REQ'D ★
Adv. Tix on Sale RESIDENT EVIL: EXTINCTION (R) - ID REQ'D ★

SHOOT 'EM UP (R) - ID REQ'D (215 500) 745 1000
3:10 TO YUMA (R) - ID REQ'D (145 430) 730 1015
THE BROTHERS SOLOMON (R) - ID REQ'D (200 430) 715 940
DEATH SENTENCE (R) - ID REQ'D (115) 700
HALLOWEEN (R) - ID REQ'D (200 445) 745 1020
BALLS OF FURY (PG-13) (230 515) 800 1030
WAR (R) - ID REQ'D 935 PM
MR. BEAN'S HOLIDAY (G) (130 415) 700 915
THE NANNY DIARIES (PG-13) (115 400) 630 915
DEATH AT A FUNERAL (R) - ID REQ'D (215 500) 800 1025
SUPERBAD (R) - ID REQ'D (145 445) 730 1005
STARDUST (PG-13) (100 350) 645
RUSH HOUR 3 (PG-13) (230 515) 815 1030
BECOMING JANE (PG) 930 PM
THE BOURNE ULTIMATUM (PG-13) (130 415) 715 950
HAIRSPRAY (PG) (100 345) 645
OC & DA: DEATH SENTENCE (R) - ID REQ'D (400) 940

MANASSAS STADIUM 14

11380 Bulloch Drive 800-FANDANGO 490#

Adv. Tix on Sale GOOD LUCK CHUCK (R) - ID REQ'D ★
Adv. Tix on Sale RESIDENT EVIL: EXTINCTION (R) - ID REQ'D ★

SHOOT 'EM UP (R) - ID REQ'D (1145 210 435) 740 955
3:10 TO YUMA (R) - ID REQ'D (1220 1250 310 350) 640 720 930 1010
DEATH SENTENCE (R) - ID REQ'D (100 345) 645 915
HALLOWEEN (R) - ID REQ'D (110 400) 700 940
BALLS OF FURY (PG-13) (1205 225 445) 750 1015
WAR (R) - ID REQ'D (115 340) 710 945
MR. BEAN'S HOLIDAY (G) (1200 220 440) 705 920
THE NANNY DIARIES (PG-13) (1245 320) 725 950
SUPERBAD (R) - ID REQ'D (1240 330) 635 925
STARDUST (PG-13) (1215 315)
RUSH HOUR 3 (PG-13) (1150 215 430) 745 1000
UNDERDOG (PG) (1225 240 450) 730 1005
THE BOURNE ULTIMATUM (PG-13) (105 405) 650 935
THE SIMPSONS MOVIE (PG-13) 750 1015

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TO PARTICIPATE, VOLUNTEERS MUST:

- Be healthy and 18 to 59 years old
- Be HIV negative and not have Hepatitis B or C
- Meet criteria to donate blood

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AS PART OF THE STUDY

- Volunteers will receive up to 4 doses (one or two injections) of an investigational vaccine against avian influenza into the muscle one month apart
- Volunteers must be willing to donate plasma by plasmapheresis (a standard type of blood donation performed in the blood bank)
- Volunteers will be compensated

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PRESENTED IN DIGITAL PROJECTION

UNDERDOG (PG) 1:45, 4:25, 7:05, 9:30
3:10 TO YUMA (R) 2:00, 3:20, 5:00, 6:20, 8:00, 9:20
THE BROTHERS SOLOMON (R) 1:40, 4:00, 7:40, 10:10
SHOOT 'EM UP (R) 1:00, 3:40, 6:00, 8:20, 10:30
DEATH SENTENCE (R) 2:50, 5:50, 8:50
HALLOWEEN (R) 2:20, 3:00, 5:20, 7:10, 8:30, 10:00
BALLS OF FURY (PG13) 2:40, 5:10, 7:35, 9:50
ILLEGAL TENDER (R) 2:10, 5:05, 8:15
MR. BEAN'S HOLIDAY (G) 1:55, 4:30, 8:10, 10:30
THE NANNY DIARIES (PG13) 1:25, 4:15, 7:00, 9:40
WAR (R) 1:50, 4:50, 7:55, 10:35
SUPERBAD (R) 1:20, 4:20, 5:40, 7:20, 8:40, 10:20
RUSH HOUR 3 (PG13) 1:30, 4:40, 7:50, 10:20
STARDUST (PG13) 1:15, 4:05, 7:15, 10:25
THE BOURNE ULTIMATUM (PG13) 1:05, 4:10, 7:30, 10:10
THE SIMPSONS MOVIE (PG13) 1:10, 3:30, 5:45, 8:05, 10:15
HARRY POTTER AND THE ORDER OF THE PHOENIX (PG13) 3:45, 6:50, 10:05
RATATOUILLE (G) 1:35

AMC SELECT

BECOMING JANE (PG) 2:30, 5:30, 8:25
DEATH AT A FUNERAL (R) 3:10, 5:35, 8:00, 10:15

AMC COURTHOUSE PLAZA 8

Courthouse and Birch Rd.
703-998-4AMC

MR. BEAN'S HOLIDAY (G) 2:20, 4:40, 6:50
THE NANNY DIARIES (PG13) 2:35, 5:10, 7:40
WAR (R) 3:10, 5:40, 8:00
RUSH HOUR 3 (PG13) 2:50, 5:00, 7:20
THE BOURNE ULTIMATUM (PG13) 3:00, 4:10, 5:30, 7:00, 8:10
NO RESERVATIONS (PG) 7:50
THE SIMPSONS MOVIE (PG13) 2:30, 4:50, 7:10
RATATOUILLE (G) 2:40, 5:20

MAGIC JOHNSON CAPITAL CENTRE 12

800 Shopper's Way, Largo
301-324-4220

3:10 TO YUMA (R) 1:40, 4:40, 7:10, 10:10
SHOOT 'EM UP (R) 12:45, 3:15, 5:30, 8:00, 10:25
DEATH SENTENCE (R) 1:45, 4:50, 7:30, 10:05
HALLOWEEN (R) 12:50, 2:00, 3:30, 4:30, 6:00, 7:00, 8:45, 9:45
BALLS OF FURY (PG13) 12:30, 2:40, 5:10, 7:40, 10:15
WAR (R) 1:50, 4:45, 7:20, 9:50
SUPERBAD (R) 1:35, 4:35, 7:15, 10:00
RUSH HOUR 3 (PG13) 12:35, 1:30, 2:45, 4:00, 5:00, 6:30, 7:30, 9:00, 10:00
THE BOURNE ULTIMATUM (PG13) 1:00, 3:45, 6:45, 9:55
THE SIMPSONS MOVIE (PG13) 12:50, 3:00, 5:20, 8:10, 10:15

LOEWS SHIRLINGTON 7

2772 South Randolph
703-671-0910 801

AMC SELECT

THE 11TH HOUR (PG) 2:10, 4:20, 7:30
BECOMING JANE (PG) 1:30, 4:10, 7:10
DEATH AT A FUNERAL (R) 2:20, 4:50, 7:40
ROCKET SCIENCE (R) 1:50, 4:40, 7:50
2 DAYS IN PARIS (R) 2:00, 4:10, 7:00
MOLIERE (PG13) 1:40, 4:30, 7:20
NO END IN SIGHT (NR-NOT RATED) 1:50, 4:30, 7:10

LOEWS WHITE FLINT 5

North Bethesda
1-800-FANDANGO #741

3:10 TO YUMA (R) 1:40, 4:35, 7:20
SHOOT 'EM UP (R) 1:55, 4:20, 7:05
THE NANNY DIARIES (PG13) 1:50, 4:35, 7:20
RUSH HOUR 3 (PG13) 2:00, 4:15, 7:00
THE BOURNE ULTIMATUM (PG13) 1:45, 4:30, 7:15

AMC COLUMBIA MALL 14

10300 Patuxent Parkway
703-998-4AMC

PRESENTED IN DIGITAL PROJECTION

HALLOWEEN (R) 2:20, 4:55, 7:30, 10:05
3:10 TO YUMA (R) 1:50, 4:30, 7:10, 9:50
SHOOT 'EM UP (R) 1:05, 3:15, 5:25, 7:40, 9:55
DEATH SENTENCE (R) 2:15, 4:50, 7:15, 9:35
HALLOWEEN (R) 1:20, 3:55, 6:30, 9:05
BALLS OF FURY (PG13) 2:05, 4:25, 6:50, 9:10
MR. BEAN'S HOLIDAY (G) 1:55, 4:10, 6:20, 8:40
MR. BEAN'S HOLIDAY (G) 1:55, 4:10, 6:20, 8:40
THE NANNY DIARIES (PG13) 2:35, 5:10, 7:45, 10:10
WAR (R) 4:05, 7:25, 9:40
SUPERBAD (R) 2:00, 4:40, 7:20, 10:00
RUSH HOUR 3 (PG13) 2:25, 4:45, 7:00, 9:15
THE BOURNE ULTIMATUM (PG13) 1:15, 4:00, 6:40, 9:20
UNDERDOG (PG) 1:45
THE SIMPSONS MOVIE (PG13) 1:25, 6:35
HAIRSPRAY (PG) 1:35, 4:20, 7:05, 9:45
HARRY POTTER AND THE ORDER OF THE PHOENIX (PG13) 3:35, 8:45

AMC SPRINGFIELD MALL 10

Loisdale and Franconia Road
703-971-3991

3:10 TO YUMA (R) 1:30, 4:30, 7:20
SHOOT 'EM UP (R) 4:45, 7:20
DEATH SENTENCE (R) 5:20, 8:00
HALLOWEEN (R) 1:20, 4:00, 6:45, 9:30
BALLS OF FURY (PG13) 5:15, 7:40
MR. BEAN'S HOLIDAY (G) 5:00, 7:00
WAR (R) 5:30, 8:10
SUPERBAD (R) 4:30, 7:15
RUSH HOUR 3 (PG13) 1:00, 3:15, 5:30, 8:00
THE BOURNE ULTIMATUM (PG13) 1:45, 4:20, 7:10

LOEWS RIO CINEMAS 18

9811 Washingtonian Boulevard
301-948-0906

PRESENTED IN DIGITAL PROJECTION

RUSH HOUR 3 (PG13) 1:45, 4:25, 6:50, 9:25
3:10 TO YUMA (R) 1:00, 2:30, 4:10, 5:30, 7:10, 8:20, 10:00
THE BROTHERS SOLOMON (R) 1:55, 4:15, 7:00, 9:35
SHOOT 'EM UP (R) 1:15, 3:30, 5:45, 8:10, 10:25
DEATH SENTENCE (R) 2:40, 5:10, 7:55, 10:30
HALLOWEEN (R) 1:50, 2:50, 4:30, 5:50, 7:30, 8:25, 10:10
HALLOWEEN (R) 2:50, 5:50, 8:25
BALLS OF FURY (PG13) 1:10, 3:25, 5:40, 8:00, 10:20
MR. BEAN'S HOLIDAY (G) 2:10, 4:45, 7:05, 9:20
THE NANNY DIARIES (PG13) 1:40, 4:20, 7:20, 9:55
WAR (R) 1:35, 4:30, 7:15, 10:05
SUPERBAD (R) 2:15, 4:55, 7:35, 10:15
STARDUST (PG13) 6:45, 9:45
THE BOURNE ULTIMATUM (PG13) 2:00, 4:40, 7:25, 10:05
UNDERDOG (PG) 2:20, 4:35
THE SIMPSONS MOVIE (PG13) 1:20, 3:35, 5:50, 8:05, 10:15
HAIRSPRAY (PG) 7:45, 10:25
RATATOUILLE (G) 2:05, 5:05

AMC SELECT

DEATH AT A FUNERAL (R) 1:25, 3:40, 5:55, 8:15, 10:30

LOEWS GEORGETOWN 14

3111 K Street, N.W.
202-342-6441

PRESENTED IN DIGITAL PROJECTION

RUSH HOUR 3 (PG13) 2:30, 4:50, 7:10, 10:10
3:10 TO YUMA (R) 1:20, 4:05, 6:45, 9:55
THE BROTHERS SOLOMON (R) 1:00, 3:10, 5:20, 8:20, 10:30
SHOOT 'EM UP (R) 2:20, 4:30, 7:00, 9:45
DEATH SENTENCE (R) 1:35, 4:25, 7:30, 10:15
DEATH SENTENCE (R) 1:35, 4:25, 7:30, 10:15
HALLOWEEN (R) 1:45, 4:20, 7:15, 10:05
BALLS OF FURY (PG13) 2:10, 4:45, 7:25, 10:25
MR. BEAN'S HOLIDAY (G) 2:35, 5:10, 10:20
THE NANNY DIARIES (PG13) 1:40, 4:10, 7:35, 10:05
SUPERBAD (R) 1:50, 4:40, 7:20, 10:00
STARDUST (PG13) 1:25, 4:15, 7:45, 10:25
THE BOURNE ULTIMATUM (PG13) 2:00, 5:00, 8:00, 10:30
THE SIMPSONS MOVIE (PG13) 1:30, 7:40

AMC SELECT

BECOMING JANE (PG) 4:00, 9:50
DEATH AT A FUNERAL (R) 1:00, 3:00, 5:30, 8:10, 10:20

AMC POTOMAC MILLS 18

2700 Potomac Mills Circle, Ste 886
703-998-4262

PRESENTED IN DIGITAL PROJECTION

RUSH HOUR 3 (PG13) 1:10, 3:25, 5:40, 7:55, 10:10
3:10 TO YUMA (R) 1:00, 2:00, 3:45, 4:45, 6:30, 7:30, 9:15, 10:15
THE BROTHERS SOLOMON (R) 2:55, 5:15, 7:35, 9:55
SHOOT 'EM UP (R) 1:05, 3:20, 5:35, 8:10, 10:25
DEATH SENTENCE (R) 2:30, 5:05, 7:40, 10:10
HALLOWEEN (R) 1:45, 2:45, 4:30, 5:30, 7:15, 8:15, 10:00
BALLS OF FURY (PG13) 3:00, 5:20, 7:45, 10:05
ILLEGAL TENDER (R) 1:55, 4:35, 7:20, 10:05
MR. BEAN'S HOLIDAY (G) 2:35, 4:55, 7:05, 9:25
THE NANNY DIARIES (PG13) 1:50, 4:20, 6:50, 9:30
WAR (R) 7:50, 10:15
SUPERBAD (R) 2:10, 5:00, 7:40, 10:20
SUPERBAD (R) 2:10, 5:00, 7:40, 10:20
STARDUST (PG13) 1:00, 4:00, 6:55, 9:50
THE BOURNE ULTIMATUM (PG13) 1:30, 4:10, 7:00, 9:45
THE SIMPSONS MOVIE (PG13) 2:25, 4:50, 7:25, 9:40
HARRY POTTER AND THE ORDER OF THE PHOENIX (PG13) 12:50, 6:55
TRANSFORMERS (PG13) 3:50, 9:55
RATATOUILLE (G) 2:15, 5:10

AMC TYSONS CORNER 16

7850 Tysons Corner Center
703-998-4262

PRESENTED IN DIGITAL PROJECTION

RUSH HOUR 3 (PG13) 1:40, 4:25, 7:15, 9:25
3:10 TO YUMA (R) 1:15, 2:35, 4:05, 5:15, 7:10, 8:00, 9:50, 10:45
THE BROTHERS SOLOMON (R) 1:00, 3:25, 5:40, 7:55, 10:10
SHOOT 'EM UP (R) 1:10, 3:20, 5:45, 8:00, 10:20
DEATH SENTENCE (R) 12:55, 3:15, 5:40, 8:10, 10:35
HALLOWEEN (R) 1:25, 2:40, 4:10, 5:35, 7:05, 8:05, 9:40, 10:40
BALLS OF FURY (PG13) 1:05, 3:15, 5:25, 7:45, 10:05
MR. BEAN'S HOLIDAY (G) 1:20, 5:00, 7:25, 9:30
THE NANNY DIARIES (PG13) 1:35, 4:20, 7:00, 9:45
THE NANNY DIARIES (PG13) 1:35, 4:20, 7:00, 9:45
WAR (R) 7:20, 9:35
SUPERBAD (R) 1:30, 4:15, 7:30, 10:10
STARDUST (PG13) 7:40, 10:35
THE BOURNE ULTIMATUM (PG13) 1:55, 4:50, 7:50, 10:45
THE SIMPSONS MOVIE (PG13) 3:40, 8:30
HAIRSPRAY (PG) 1:45, 4:35
RATATOUILLE (G) 1:50, 4:40

AMC SELECT

BECOMING JANE (PG) 1:00, 5:50, 10:40

AMC MAZZA GALLERIE

Jenifer and Wisconsin
202-537-9553

HALLOWEEN (R) 2:15, 5:10, 8:00
BALLS OF FURY (PG13) 2:30, 4:55, 7:15
MR. BEAN'S HOLIDAY (G) 2:35, 5:00, 7:45
THE NANNY DIARIES (PG13) 2:20, 4:50, 7:20
SUPERBAD (R) 2:05, 4:40, 7:30
THE BOURNE ULTIMATUM (PG13) 2:00, 4:45, 7:35
THE SIMPSONS MOVIE (PG13) 5:00, 7:40

LOEWS DUPONT 5

1350 19th St.
1-800-FANDANGO #711

THE BOURNE ULTIMATUM (PG13) 4:20, 7:00
HAIRSPRAY (PG) 5:00, 7:45
KNOCKED UP (R) 4:30, 7:30

AMC SELECT

THE 11TH HOUR (PG) 4:45, 7:15
RIGHT AT YOUR DOOR (R) 5:15
SEPTEMBER DAWN (R) 8:00

LOEWS UPTOWN 1

3426 Connecticut Avenue N.W.
1-800-FANDANGO #713

HARRY POTTER AND THE ORDER OF THE PHOENIX (PG13) 2:00, 5:00, 8:00

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Times for Tuesday, September 11, 2007

32317

THE GEORGE WASHINGTON UNIVERSITY IS AN EQUAL OPPORTUNITY/
AFFIRMATIVE ACTION INSTITUTION CERTIFIED TO OPERATE IN VA BY SCHEV.

Television



IS HE THE BIGGEST LOSER? Steven Schirripa, whose “Sopranos” character was whacked in one of the show’s final episodes this year, is hosting a new cooking-themed series on Rainbow Media’s free on-demand network, Lifeskoool.

Just Desert for NBC’s ‘Loser’

It’s time to sweat off the weight this year on unlikely hit show

TELEVISION | Intrepid viewers not yet exhausted by summer’s “Fat March” can rejoice. “The Biggest Loser” (8 p.m., NBC) returns for a fourth season. Did anybody expect this show to last this long? Is this a sign of its appeal or of NBC’s desperation to fill an anemic schedule?

The show’s title could easily apply to the Peacock Network, since NBC has settled rather comfortably in the ratings cellar.



HEAVY DUTY: The cast of “The Biggest Loser” is left in a desert this season.

Three seasons were apparently sufficient for former host Caroline Rhea. Alison Sweeney (“Days of Our Lives”) will fill her shoes as “Loser” host.

This season begins with a dramatic twist as 18 contestants find themselves stranded in a desert, far from the posh spa locale of the show’s past. Trainers Bob Harper and Kim Lyons arrive in rather splashy fashion — via parachute.

And if the “Lawrence of Arabia” conditions were not enough of a letdown, six contestants will get the heave-ho in rather short order. **KEVIN MCDONOUGH** (UNITED FEATURE SYNDICATE)

ON TV TONIGHT

HAPPY TRAILS
The town turns out for Rory on **GILMORE GIRLS** (8 p.m., CW).

HISTORY, RELIVED
Internet images explained on **I-CAUGHT** (9 p.m., ABC).

RADIOACTIVE TV
A crime scene glows in an unsettling manner on **BONES** (8 p.m., Fox).

WHAT IS THIS SHOW?
Fears of divine retribution on **EUREKA** (9 p.m. Sci Fi).

CZECH MATE
House more than meets his match in a petulant teenage chess whiz on **HOUSE** (9 p.m., Fox).

ACTORS ACTING. CLEVER.
Fatal horseplay appears to have been staged for cameras on **“LAW & ORDER:**



House meets his match this week.

SPECIAL VICTIMS UNIT (10 p.m., NBC).

CULT CHOICE
Kristen Bell (n a strong pre-“Veronica Mars” performance) plays a teen holding her family together in the face of her mother’s (Anne Heche) addictions in **“GRACIE’S CHOICE”** (9 p.m., Lifetime). **KEVIN MCDONOUGH** (UNITED FEATURE SYNDICATE)

9.11.07	6:00 PM	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
LOCAL CHANNELS	WRC 4 News (N) [CC]	TMZ (N) [CC]	NBC Nightly News	Access Hollywood	The Biggest Loser (Season Premiere) (N) [CC]				Law & Order: Special Victims Unit [CC]	News (N) [CC]	News (N) [CC]	Tonight Show
	WTTG 5 News	ABC Wild News	The Simpsons [CC]	Seinfeld [CC]	Bones [CC] (PA) [CC]		House "The Jerk" [CC] (PA) [CC]		News (N)	News (N)	TMZ [CC]	
	WJLA 7 News (N) [CC]		Wheel of Fortune	Jeopardy! (N)	Just for Laughs		i-Caught (Season Finale) (N) [CC]		Primetime: Crime (Season Finale) (N)	News (N) [CC]	News (N) [CC]	(:35) Nightline (N)
	WUSA 9 News (N) [CC]	Evening News	News	Entertainment	Power of 10 (N) [CC]		Big Brother 8 (N) [CC]		NCIS "Trojan Horse" [CC]	News (N) [CC]	News (N) [CC]	Late Show
	WDCA 20 Judge Judy (N) [CC]	Judge Joe Brown	King of Queens	King of Queens	The Academy (N) [CC]		Jail (N) [CC]	Jail (N) [CC]	Every-Raymond	King of the Hill [CC]	Scrubs [CC]	Still Standing [CC]
	WMPT 22 The NewsHour With Jim Lehrer (N)	Business Rpt.	Business Rpt.	Outdoors-Class	Nova "Building on Ground Zero" [CC]		Dave Koz at the Movies [CC]			Spiral Fitness With David Carradine	Guide Wealth	
	WETA 26 BBC World News	The NewsHour With Jim Lehrer (N)	The NewsHour With Jim Lehrer (N)		Nova "Building on Ground Zero" [CC]		Great Railway Journeys [CC]		Wide Angle "Gaza E.R." [CC]	Charlie Rose (N) [CC]	Charlie Rose (N) [CC]	
	WHUT 32 World Business	Tavis Smiley [CC]	BBC World News	Moneywise	Mystery! [CC] (DVS)		Surviving Sept		BBC World News	Tavis Smiley [CC]	Charlie Rose (N) [CC]	
	WDCW 50 My Wife and Kids	Family Guy [CC]	Two/Half Men	Friends [CC]	Gilmore Girls "Bon Voyage" [CC]		Beauty and the Geek [CC]		Family Guy [CC]	Friends [CC]	Two/Half Men	Sex and the City
BASIC CABLE	A&E Cold Case Files [CC]		CSI: Miami "Grand Prix" [CC]	Bounty Hunter	Bounty Hunter		Dog the Bounty Hunter [CC]		Criss Angel	Criss Angel	Criss Angel	Criss Angel
	Animal The Crocodile Hunter [CC]		The Most Extreme	Foiled by Nature	Wild Kingdom "Raising Sancho"		Wildlife on One	Animal Battle.	Animal Cops Detroit [CC]		The Most Extreme	Foiled by Nature
	BET 106 & Park: BET's Top 10 Live [CC]		Hell Date [CC]		★ ★ "Next Friday" (2000, Comedy) Ice Cube, Mike Epps, Justin Pierce, [CC]			Hell Date [CC]	Hell Date [CC]		Take the Cake (Live) [CC]	
	Bravo Flipping Out [CC]		Flipping Out [CC]		Flipping Out [CC]		Flipping Out (Season Finale) (N) [CC]		Flipping Out "Watch What Happens"		Flipping Out "Watch What Happens"	
	Comedy (5:00) "Back by Midnight" (2002) [CC]		Scrubs [CC]	Scrubs [CC]	Daily Show	Colbert Report	Mind of Mencia	South Park [CC]	Bill Engvall: 15 Degrees Off Cool		Daily Show	Colbert Report
	Court World's Wildest Police Videos [CC]		Cops [CC]	Cops [CC]	Cops [CC]	Cops [CC]	Surviving the Moment of Impact 3 [CC]		Inside "Alaska's Toughest Prison"		The Investigators	
	Discovery Cash Cab [CC]	Cash Cab [CC]	Lobster Wars [CC]		Dirty Jobs Water snakes. [CC]		Dirty Jobs Mushroom farming. [CC]		How It's Made	How It's Made	Dirty Jobs "Skull Cleaner" [CC]	
	DISCH Code Blue "Out of the Darkness"		Impact: Stories of Survival [CC]		Triple the Triplets [CC]		Joined for Life: Abby-Brittany		Jon & Kate Plus 8	Jon & Kate Plus 8	Triple the Triplets [CC]	
	Disney Life With Derek	Life With Derek	Hannah Montana	Zack & Cody	★ ★ "A Goofy Movie" (1995) Voices of Bill Farmer. [CC]		That's So Raven		That's So Raven	Life With Derek	Zack & Cody	Hannah Montana
	E! Dr. 90210 "Reinvention"		E! News (N)	The Daily 10 (N)	THS Investigates: Hot For Student Teacher-student affairs.		Girl Next Door	Girl Next Door	Girl Next Door	Girl Next Door	E! News	Chelsea Lately
	FX (4:30) ★ ★ "Fat Albert" (2004)		★ ★ ★ "Coach Carter" (2005, Drama) Samuel L. Jackson. A high-school basketball coach pushes his team to excel.		Damages "We Are Not Animals" (N)				Damages "We Are Not Animals" (N)		(:04) Damages "We Are Not Animals"	
	HGTV Small Space	If Walls Could	House Worth?	House Hunters	Designed to Sell	My First Place	Decorating Cents	24 Hour Design	House Hunters	My Kitchen	House Worth?	Hidden Potential
	Family 8 Simple Rules [CC]	8 Simple Rules [CC]	Grounded for Life	Grounded for Life	Lincoln Heights "The Peacemaker"		★ ★ "Deliver Us From Eva" (2003) LL Cool J, Gabrielle Union. [CC]				The 700 Club [CC]	
	History Zero Hour [CC]		The Day the Towers Fell [CC]		Grounded on 9/11 [CC]		Ground Zero Search and Recovery		Mega Disasters (N) [CC]		The Man Who Predicted 9/11 [CC]	
	Lifetime Reba [CC]	Reba [CC]	Still Standing [CC]	Still Standing [CC]	Reba [CC]	Reba [CC]	★ ★ "Gracie's Choice" (2004, Docudrama) Anne Heche, Diane Ladd. [CC]				Will & Grace	Will & Grace
	MTV Life of Ryan [CC]	Life of Ryan [CC]	Celebrity Rap Superstar [CC]		Celebrity Rap Superstar [CC]		VMA Pre-Show Royale [CC]		2007 MTV Video Music Awards From Las Vegas. [CC]			
	NICK Jimmy Neutron	Zoey 101 [CC]	Ned's School	Drake & Josh [CC]	SpongeBob	Drake & Josh [CC]	Home Improve.	Home Improve.	George Lopez [CC]	George Lopez [CC]	Fresh Prince	Fresh Prince
	SCI FI Stargate SG-1 "Redemption" [CC]		Flash Gordon "Assassin" [CC]		Eureka "E-MC...?" [CC]		Eureka "God Is in the Details" (N) [CC]		ECW New champion CM Punk. (Live)		Destination Truth [CC]	
	SPIKE CSI: Crime Scene Investigation [CC]		CSI: Crime Scene Investigation [CC]		CSI: Crime Scene Investigation [CC]		CSI: Crime Scene Investigation [CC]		CSI: Crime Scene Investigation [CC]		CSI: NY A murdered plastic surgeon.	
	TBS Friends [CC]	Every-Raymond	Every-Raymond	Every-Raymond	Family Guy [CC]	Family Guy [CC]	Family Guy [CC]	Family Guy [CC]	The Office "Pilot"	The Office [CC]	Sex and the City	Sex and the City
	TLC Property Ladder [CC]		Mostly True Stories: Urban Legends		Overhaulin' 1957 Corvette. [CC]		LA Ink "Master Cleanse" Cleanse.		LA Ink "Corey's Vasectomy" (N)		LA Ink "Corey's Vasectomy"	
	TNT Law & Order [CC] (DVS)		Law & Order "C.O.D." [CC] (DVS)		Law & Order "House of Cards" [CC]		Law & Order "Ill-Conceived" [CC]		The Closer "Til Death Do Us Part"		Without a Trace "Confidence" [CC]	
	USA Law & Order: Special Victims Unit [CC]		Law & Order: Criminal Intent [CC]		Law & Order: Special Victims Unit [CC]		Law & Order: Special Victims Unit [CC]		★ ★ "Along Came Polly" (2004) Ben Stiller, Jennifer Aniston. [CC]			
	VH1 Celebrity Eye Candy [CC]		40 Dumbest Celeb Quotes Ever [CC]				What Perez Sez About the VMAs [CC]		Rock of Love With Bret Michaels [CC]		The Pick Up Artist [CC]	
SPANISH	TELEM Daniela	Noti-Telemndo	Dame Chocolate		Madre Luna		La Esclava Isaura		Amor Mío		Noti-Telemndo	12 Corazones
	UNIV Que Locura	Noticiero Univ	Yo Amo a Juan Querendón		Amar sin Limites		Destilando Amor		S.O.S. Sexo y Otros Secretos		Primer Impacto	Noticiero Univ.
SPORTS	ESPN SportsCenter (Live) [CC]		NFL Live [CC]		2007 World Series of Poker (Taped)		2007 World Series of Poker (Taped)		The Contender (N)		SportsCenter (Live) [CC]	
	ESPN2 NASCAR Now	Football Live	Women's Soccer FIFA World Cup -- North Korea vs. United States. [CC]		WNBA Basketball Finals Game 3 -- Detroit Shock at Phoenix Mercury. [CC]		WNBA Basketball Finals Game 3 -- Detroit Shock at Phoenix Mercury. [CC]		Shootaround		Mix Tape Tour	
	CSN SportsNite (Live) [CC]		College Football Maryland at Florida International. (Taped)				SportsNite (Live) [CC]		Washington Post Live			
NEWS	CNN Lou Dobbs Tonight [CC]		The Situation Room		CNN Presents "God's Muslim Warriors" Islam and world politics. [CC]		Anderson Cooper 360 [CC]					
	FNC Special Report (Live) [CC]		The Fox Report With Shepard Smith		The O'Reilly Factor (Live) [CC]		Hannity & Colmes (Live) [CC]		On the Record-Van Susteren		The O'Reilly Factor	
	MSNBC Tucker		Hardball [CC]		Countdown With Keith Olbermann		MSNBC News Live		9/11: As It Happened Coverage of events of Sept. 11, 2001.			
MOVIES	AMC (4:00) ★ ★ "Wyatt Earp" (1994, Biography) Kevin Costner. 'PG-13'				★ ★ ★ "Insomnia" (2002) Al Pacino. A guilt-ridden cop hunts a killer who knows his secret. 'R'		★ ★ ★ "Escape From Alcatraz" (1979) Clint Eastwood.					
	TCM (5:00) ★ ★ ★ "Paint Your Wagon" (1969) Lee Marvin. 'PG-13' [CC]				★ ★ ★ "Captain Blood" (1935, Adventure) Errol Flynn. 'NR' [CC]		(:15) ★ ★ ★ "Wuthering Heights" (1939, Romance) Merle Oberon. 'NR' [CC]					
	HBO (5:30) ★ ★ "Billy Madison" (1995) [CC]		★ ★ "X-Men: The Last Stand" (2006, Action) Hugh Jackman. [CC] 'PG-13' [CC]		"Pinocchio's Last Stand" (2006) Derek Jacobi. 'NR' [CC]		Curb-Enthsm		Tell Me You Love Me [CC]			
	MAX (4:45) ★ ★ ★ "Syriana" (2005) [CC] 'R'		★ ★ "Idiocracy" (2006) Luke Wilson. [CC] 'R' [CC]		★ ★ "Ice Age: The Meltdown" (2006) [CC] 'PG' [CC]		★ ★ ★ "Galaxy Quest" (1999) Tim Allen. [CC] 'PG' [CC]		Best Sex Ever [CC]			
	SHOW ★ ★ "Aeon Flux" (2005) Charlize Theron. iTV. [CC] 'PG-13'		(:45) ★ ★ ★ "World Trade Center" (2006, Drama) Nicolas Cage. iTV. [CC] 'PG-13' [CC]				Weeds (iTV) [CC]	Weeds (iTV) [CC]	Californication [CC]	Californication [CC]		
	TMC Life Tomorrow	★ ★ "The Great New Wonderful" (2005) [CC] 'R' [CC]		★ ★ ★ "Capote" (2005, Biography) Philip Seymour Hoffman. [CC] 'R' [CC]		★ ★ "Edmond" (2005) William H. Macy. [CC] 'R' [CC]		National-Dorm				
	STARZ! (5:40) ★ ★ "An Unfinished Life" (2005) Robert Redford.		★ ★ "Open Season" (2006) Voices of Martin Lawrence.		★ ★ "Invincible" (2006) Mark Wahlberg. [CC] 'PG' [CC]		(:45) ★ ★ "Dark Water" (2005) Jennifer Connelly. 'PG-13'					
	ENCORE (5:45) ★ ★ "Legends of the Fall" (1994, Drama) Brad Pitt. [CC] 'R' [CC]				★ ★ "Silent Hill" (2006, Horror) Radha Mitchell, Laurie Holden. [CC] 'R' [CC]		(:15) ★ ★ "Rambo: First Blood Part II" (1985) Sylvester Stallone. [CC] 'R' [CC]					

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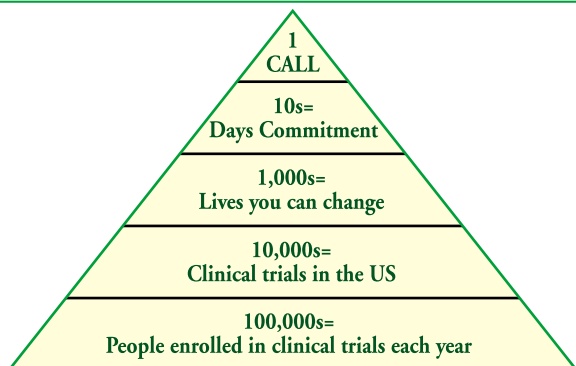
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Chevy Chase, Maryland

Friendship Heights Metro

Are you infected with Hepatitis C?

If so, you may want to learn more about a clinical trial being conducted in your area. Study participants will receive (at no cost):

- Regularly scheduled study-related doctor appointments
- Close monitoring and study-related care
- Study medication (No placebo)

If you are 18 years of age and older and have been told by a doctor that you have Chronic Hepatitis C (CHC), you may qualify for this research study.

Please call now for more information **(410) 465-2455**

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Every Tuesday

Call Dan Rose
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rosede@washpost.com
(Deadline every Wed., 4 PM)

Do you have knee pain

due to osteoarthritis?



If you are at least 40 years old and have had knee pain from osteoarthritis for at least 3 months, you may qualify for a clinical research study of an investigational pain medication.

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Healthy Adult Volunteers Needed

HIV is a global epidemic. Currently, 38 million people worldwide are living with HIV/AIDS, a disease that has no cure. In 2005, 4 million people were newly infected with HIV, a rate of more than 11,000 infections each day. Approximately, 10 of every 1000 adults aged 15 to 49 worldwide are HIV infected.

The world is in desperate need of a vaccine for the prevention of HIV infection.

Will you help?

Walter Reed Army Institute of Research and the Henry Jackson Foundation for the Advancement of Military Medicine are currently enrolling volunteers to participate in a study to evaluate the safety of a new investigational HIV vaccine.

If you are a healthy person between the ages of 18-40, are not currently in the US military and are available for 12 months, you may be qualified to participate in a study evaluating this vaccine.

This experimental vaccine does not cause HIV infection.

Please call:

301-251-8351

www.hivresearch.org/clinical-trials

You will be compensated for your time.

Volunteers Needed

Compensation paid to healthy female and male volunteers for donations of bone marrow for research efforts in such areas as cancer and other serious illnesses.

- Ages 18 to 45
- In good health
- Not engaged in high risk behaviors

Confidential interview and screening provided at our convenient Gaithersburg, MD office.

Donations occur at our Bethesda, MD office by board certified physicians.

Both locations are accessible by MetroRail and Metro Ride-On.

FINANCIAL COMPENSATION PROVIDED

For more information, or to schedule an appointment:

TOLL FREE: (888) 926-9211

EMAIL: donorinfo@lonza.com

Lonza

AD BONE MARROW 03/07

CANCER SURVIVORS: EXERCISE STUDY



Eligible candidates:

- Cancer survivors
- 18-65 years of age
- Completed chemotherapy at least 2 years ago



Please consider joining a research study comparing two exercise programs **Tai Chi Chuan** and **cycling exercise** at the National Institutes of Health.



NCCAM

For more info: **1-800-411-1222**

<http://nccam.nih.gov/exercisestudy>

IT'S 4:19..... GOT A MINUTE?

Then call about participating in a research study!

You may be eligible if:

- You currently use marijuana and have used marijuana at least one year
- Are between the ages 18-45

Studies will be conducted in the Clinical Pharmacology Unit of a research facility in Bethesda, MD.

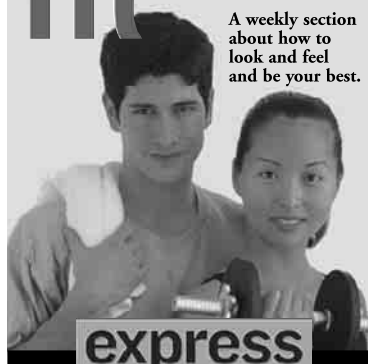
CALL 1-866-750-2165 FOR MORE INFORMATION

All information is confidential!!

Get fit

Tuesdays in Express

A weekly section about how to look and feel and be your best.



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Are you bothered by the pain and urgency of Irritable Bowel Syndrome?

Washington Gastroenterology is currently in search of female volunteers for a research study testing an investigational medication for the treatment of Irritable Bowel Syndrome and associated diarrhea.

Qualified study participants must be at least 18 years of age and otherwise healthy. IF you are eligible to participate all laboratory and professional services for this research study are provided at no cost to you. You may also be compensated for your time and travel.

For more information, please call 410-465-2455

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HELP WANTED (JOBS) ADS CALL

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CREDIT CARDS
ACCEPTED



JOBS

Accounting

ATEL Bus & Truck has an immediate opening for an **Experienced A/P Clerk**

Duties incl. coding invoices, entering invoices into system, cutting checks, accurately expensing items into the correct GL accounts and filing. Knowledge of basic accounting principles a must. ADP software exper. a plus. We offer a fantastic benefit package, competitive salary, and we are conveniently located next to the Landover Metro station. If interested, please email resume to sterry@atelbus.com.

ACCOUNTING CLERK

Multi-employer Pension Fund located downtown, near metro need Account Receivable Clerk to process cash receipt, enter contribution and other duties as assigned. Must have a college level accounting or 2 yrs of relevant account work experience. Starting salary \$39K. Excellent benefits including major medical, dental, vision and pension.

Fax resume to:
202-457-8649.

Accounting

Payroll Staff Accountant

Trade Association has immediate opening for professional accountant. Degree in Accounting; Public Accounting experience, four years general accounting experience preferably in payroll, benefits, and fixed assets within an automated system. Excellent knowledge of ADP and Excel a must. Familiarity with Great Plains Dynamics, FRX software and BNA Fixed Assets software a plus. Must be detailed-oriented, willing and able to deal effectively with all levels of staff and work independently and under pressure with multiple deadlines. Send resume with salary history to: Human Resources, American Public Transportation Association, 1666 K Street, NW, Suite 1100, Washington DC 20006 or fax resume to 202-496-4323 or email to aptajobs@apta.com EOE M/F/D Principals

Administrative

ADMISSIONS REP

Responsibilities include interviewing patients, creating patient records, data entry. REQUIREMENTS: Excellent oral and written communication skills. Tactful with good people skills. Type 35 wpm. HS grad with 1 year experience or equiv. Previous health care and/or insurance billing experience preferred.

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JOBS

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The air is a little different around here lately...and I'm not just talking about the pollution..I'm talking about politics!

Our issues and the upcoming elections in Baltimore, Virginia and the Big One 2008! have never been more at the forefront of people's hearts and minds than right now. Join our team now and make democracy work...and build your resume, while you're at it.

We're looking for people that want to work a minimum of three 4-hour shifts/week Mon-Fri 5:30-9:30 pm, and some Sat & Suns, as per demand. You will be educating, mobilizing and fundraising with our members...Think of yourself as a lobbyist on the side of the angels! Take a look at our website www.cleanwateraction.org, and if you're interested give us a call. The best time to call is Mon-Fri 1-4pm, but you can call and leave us your number and the best time to get back to you anytime, and we'll call you back. Must have two legal forms of identification for interview.

Call 202-895-0420 x111 for Michael and x129 for Roscoe. Looking forward to working with you!!

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Exper. in MS Suite. 45+ wpm.
Banner Staffing, Ph: 202-223-3300.

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Top ad agency in DC market seeks a pro with 2-3+ years exp. Fabulous working environment with great perks. Real Estate exp. a plus. Help manage a national homebuilder account, work with the best in the market. Must love fast pace, supreme org. skills and a people person. Please send resumes to williamswhittlehr@gmail.com

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Join an award-winning team and have fun at work! Enjoy a wonderful benefit package including travel privileges! Be a part of the "best care in the air" and share in the pride that comes from loving what you do!

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Tuesday, September 11
Sessions start promptly at 10am, 2pm or 5pm
Comfort Suites
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Wednesday, September 12
Sessions start promptly at 10am, 2pm or 5pm
Best Western Potomac Mills
14619 Potomac Mills Rd, Woodbridge, VA

Thursday, September 13
Sessions start promptly at 11am, 2pm or 5pm
Saturday, September 15
Session starts promptly at 10am
Holiday Inn Select
4335 Chantilly Shopping Ctr, Chantilly, VA

Visit our website: www.airwis.com for additional sessions or call 703-572-7451 to reserve your space.

UNITED EXPRESS



EOE M/F/D/V

JOBS

Banking



BANKER/TELLER

The National Lutheran Home has a full-time opening for a Banker/Teller. We are a 300-bed continuing care retirement community in Rockville, MD. Responsibilities include residents' banking, Medicaid applications and recertifications. Candidate should possess strong interpersonal customer service and multitasking skills, and be very detail oriented. Benefits include: excellent salary, fully paid medical, dental and life insurance, great leave, 10 paid holidays and a generous pension plan. If you are interested in joining a team with 'Tradition of Caring' apply in person 7 days a week from 7am-7pm at: 9701 Veirs Drive, Rockville, MD 20850. EOE.

BARBERS—2 positions available at J&C Barbershop, Georgia, Ave. NW, Call John, 202-829-2220 phone or 202-215-7745 cell

Barbers/Stylists/Braiders

Hiring exp staff. DC location. 202-397-4636.

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ESTHETICIAN

Upscale DC salon seeking an experienced and licensed professional, specializing in facials and waxing. FT, salary + commission. Nr. Metro. Call 202-333-3488.

BEAUTY

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BOAT MECHANIC & MECHANIC'S HELPER for boat dealer. Will train. F/T. Career opportunity. Call 703-494-5600

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Office Movers, Inc, a subsidiary of The Kane Company, has an immediate need for an experienced full-time CAD Operator for DC location. Strong knowledge of AutoCad 2005, 2006, & 2007 a must! Great benefits including medical, dental, and 401(k)! Submit resumes to careers@kanecompany.com referencing Wash Post CAD in title EOE.

Catering Sales Manager

Top DC catering firm needs talented sales type to thrive in highpressure enviro. Extreme multi-tasker, great w/ customers, bring newbiz, passion for food, all a must. Sales exp pref, industry exp a plus.Email THOUGHT PROVOKING cvr ltr & resume to sales@wmillar.com attn:Carla

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JOBS

CATERING ASSISTANT

Day shift (5:00am to 1:30pm). Must be flexible to work earlier or later shifts, depending on need of scheduled events. Works occasional weekends for special events. Interacts with Board of Directors, hospital staff, and patients. HS grad or equivalent.

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5255 Loughboro Road, NW, Washington, DC 20016
HR: 202.537.4750 • EOE

Cherrydale Health & Rehabilitation Center

Is now accepting FT/PT applications! We are looking for hardworking, dedicated individuals to join our team. We are a 240 bed long-term care facility that offers our employees great benefits and a provides a positive working environment. Open Positions Available:

- CNA's & LPN's
- PT/PTA/OT/OTA
- PT Dietary Aides
- FT Painter
- FT Receptionist

Applicants must be proficient in English language. Apply in Person M-F: 10-4pm: Cherrydale Health & Rehabilitation Center
3710 Lee Highway
Arlington, VA 22207
(703) 243-7640

Child Care

INFANT/TODDLER CHILD CARE POSITIONS Immed. openings, Upper NorthW DC. CDA or experience preferred. Fax resume to 202-829-2429.

CLERK/RECEPTIONIST

Busy Bethesda law firm seeks Receptionist/ Clerk to answer multi-line phone system & perform assigned clerical duties. Email resume & salary req's to: keith@bgw-llc.com

Dental Receptionist—FT/PT. DC & Arlington, VA. Must speak Spanish, will train. Call 202-457-0072

Biostatistician

Statistics Collaborative, Inc. is a small, highly professional yet relaxed biostatistical consulting firm involved in medical research. We cooperate with researchers in government, industry, non-profit, and academic settings to provide statistical collaboration in the fields of clinical trials and epidemiology. We help our clients develop research and drug development programs with scientific rigor and statistical validity. We are now hiring biostatisticians at all levels:

- Newly graduated candidates with an M.S. or Ph.D. to work on various study teams
- Staff members with several years' experience to manage projects
- Senior level biostatisticians to provide statistical leadership to our staff and to our clients

Although we are quite small, our work is very varied. The studies on which we collaborate involve drugs, biologics, devices, vaccines, and behavioral interventions. We work in many different disease areas, with special emphasis on cardiovascular disease, sepsis, malaria, and AIDS. One of our special areas of expertise involves the management of Data Safety Monitoring Committees. We encourage our staff members to remain active in the statistical community at large. Staff regularly attend professional meetings and take short courses.

Applicants should send cover letter, resume, writing sample, a sample computer program, and transcripts (both graduate and undergraduate) by email to Ms. Laura Chapman (laura@statcollab.com) or by snail mail to:

Janet Wittes, Ph.D.
Statistics Collaborative, Inc.
1625 Massachusetts Ave., NW, Suite 600
Washington, DC 20036

For information about us, visit www.statcollab.com.

Classifieds

JOBS

Child Care

TEACHERS-ECE
JOB FAIRS

Thursday, September 13, 2007
3:30-6:30 pm
and
Saturday, September 15, 2007
9:00 AM-12:00 Noon

NOAA
1315 East West Highway-Terrace Level
Silver Spring, Maryland 20910

(METRO: Silver Spring Metro Stop. Escalator to ground level—exit onto Colesville Rd. Go one block to East/West Highway. Walk up the hill and see 3 tall buildings. The center building has a sculpture of a hand in front (building #3). Go into that building and take the elevator to the first floor. Exit to the terrace and turn right to the child care center.)

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C.A. Murren & Sons, a land development road/contractor, is seeking a **Linkbelt RT-850 Hyd Crane Operator**, with NCCCO certification. Must have stable work history, & clean driving record. Excellent pay, medical, paid vacation, 401k w/co contrib. Pre-employment drug screening required. Send resume to:
chopkins@camurren.com
Ph: 703-579-8533 / Fax: 678-597-0919

Construction

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Foreman
Metropolitan DC/Northern VA

C.A. Murren & Sons, a land development/road contractor, is seeking a management professional w/5 yrs experience in all phases of sanitary, storm, and water line construction. Must have stable work history, & clean driving record. Excellent pay, medical, paid vacation, 401k w/co contrib. Pre-employment drug screening required. Send resume to:
chopkins@camurren.com
Ph: 703-579-8533 - Fax: 678-597-0919

DANCERS—Wanted for Gentleman's Club (PG County). \$300-\$500/night. No exp. needed.
240-286-3660 or 301-568-8500

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Ar/Clarendon. F/T. Mon-Thurs. Friendly office. Call 703-243-1810.

National Lutheran Home

DIETICIAN

The National Lutheran Home has a full-time opening for a Registered Dietitian. We are a 300 bed continuing care retirement community in Rockville, MD. Responsibilities include MDS documentation and interdisciplinary care plans. Excellent salary. Full-time position offer: fully paid medical, dental and life insurance, great leave benefits, 10 paid holidays, and a generous pension plan. If you are interested in joining a team with 'Tradition of Caring' apply in person 7 days a week from 7am - 7pm at: 9701 Veirs Drive, Rockville, MD 20850 or fax resume to 301-217-0301. **EOE**

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Structural and miscellaneous metal detailer. Experience working with Auto Cad 2006 preferred. Immediate opening available for long term employment. Salary based on applicants credentials and abilities. **Please contact Ron Lamot (301) 277-0508 x113.**

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Excellent pay and benefits, including free club membership, vacation, sick and 401K with company match for those eligible employees. Candidates can either apply in person daily from 9:00am-5:00pm or email resume to eholmes@mp-sportsclub.com. **EOE**

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The responsibilities of this position include performing small electrical projects & renovations; working with fire alarm & security system; working with other craft & contractors; and working well without full time supervision.

Send cover letter w/ sal. req's & resume to:

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Cleans and services soiled holding, compactor and loading dock. Operates floor care equip. Floor care or related experience desirable. Must know how to operate environmental service/housekeeping equip & products incl hand tools, cleaning chemicals, floor maint materials and power equip. FT/PT evenings.

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Exec Asst./
Office Mngr

Needed 4-8 wks w/exp in adv admin. Exp w/computer hardware, software, and website editing, problem solving, improved office procedures, operations, and standards or guidelines. Resource POC for DC and NM offices Fed Research Labs. 5 yrs exp, 2-4 yrs BA degree or certificate desired. Start 9-17. Email resume w/sal history, and refer to debbleja@aol.com.

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Small, DC-based nonprofit org. representing the interests of the Governors of coastal states & territories seeks ED w/proven leadership, advocacy, Congressional affairs, fiscal & office mgmt. exp. Advanced coastal policy, natural resources or law degree pref'd. Compet. sal. & benes. Send cvr. ltr. & resume by 9/21/07 to Coastal States Organization, Fax 202-508-3843 / kandrews@coastalstates.org

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Sodexo
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Hotel



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- Guest Service Agent
- Am Server
- Banquet Houseperson
- Housekeeping Houseman
- Part-time Prep Cook
- Assistant General Manager - 2-5 years of Major Hotel Brand Operations Experience
- 2-5 years of Food & Beverage and Rooms Division Management Experience

Please apply in person on Monday and Wednesday from 10-1pm. Email your resume to Resha_Howard@hilton.com or fax your resume to 202-521-1620. Also feel free to check our job hotline @ 202-521-1653 for employment information.

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HOTEL

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College Park, Md 20740

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- Servers
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- Line Cooks
- Bartenders

Candidates must work flexible schedules.
Apply in person or fax resume to 301-441-2471
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Hotel



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We are committed to a drug-free workplace.
EOE/M/F/D/V

HR



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Drug Free Workplace EEO M/F/D

MAINTENANCE DIRECTOR

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Management

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Min 1yr retail mgmt exp, spa exp a plus, must have flexible schedule. Competitive pay, discounts, growth potential. Positions in MD & DC. Fax 301-869-3926 bart.yablonsky@naturalbody.com

Management

SUPERVISOR

FT Supervisor position available in DC. Hours are 7am to 4pm. Job responsibilities include supervision of: F&B service, room setups, kitchen and conference room cleaning. Must speak Spanish & English fluently. Fax resume to 301-770-0414 or call 240-880-1889

MEDICAL BILLING — Experienced Medical Billing Clerk needed to work for multi-specialty clinic. Please fax resume to (301) 423-4553 or email hr@cignethealth.com

MEDICAL JOBS — VA/DC/MD. Many openings for MA's, Recepts & Billers. Must have 2+ yrs Dr ofc exper. Temp & Perm. Fax MSA 703-921-3861.

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Qualified candidates should email cover letter and resume with salary requirements to Human Resources at careers@ncmec.org. **EOE**

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WHEN: Thursday, September 13, 2007

WHERE: Hilton Alexandria Mark Center
500 Seminary Road
Alexandria, VA 22311

TIME: 9:00 am, 1:00 pm and 5:00 pm.

Please RSVP to 1-800-479-1804 ext 2990 as to which session you would like to attend.

For more information, please visit our website at www.psav.com.

PROGRAM COORDINATOR

Recreation Degree or 3 yrs exper. in Senior Care. PG Co. area. Fax resume to: 301-867-8513.

QUALITY ASSURANCE ANALYSTS

Needed by innovative restaurant software development company. Ideal candidate must have Visual Basic knowledge. Prior experience with automated testing of software programs in a Windows environment, knowledge of RATIONAL TEST and previous restaurant experience would be a plus.

Mail, e-mail COVER LETTER, resume and salary history to:

Menusoft Systems Corporation

Attn: Paula Hagstrom
7370 Steel Mill Drive
Springfield, VA 22150
phagstrom@menusoft.com

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Restaurant

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RESTAURANT

Computer Support Technician

needed for an innovative restaurant software development company. Ideal candidate must have the following experience or aptitudes:

1. MUST HAVE RESTAURANT EXPERIENCE & knowledge of point-of-sale systems
2. Knowledge of and experience w/Windows98/NT/XP/2000/2003 Server
3. Familiarity w/various computers and hardware components

Mail, or e-mail COVER LETTER and resume to:

MenuSoft Systems Corporation

Attn: Paula Hagstrom
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If unable to attend, please email resume and cover letter including salary requirements to John.Kollm@GolfGalaxy.com. EOE

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Security

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www.MdBankRepos.com Coldwell Banker

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BMW 2004 530—\$40K obo, excellent cond, 23K, Grey ext, Light Grey int, 4 dr, 6 disc changer, gorgeous, still under warranty, 301-928-7103

BMW 2001 Z3—\$14995, excellent cond, 54k mi, dark gray ext, black int, 2 dr, htd seats, lthr int, 703.772.8253 cell/ 703.716.0355 home

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Chevrolet 2001 Silverado—2500 HD 4x4, \$13,749, exc. cond, 38k mi, Gold ext, grey int, lthr int, abs, Long bed, Tow Package, 571-435-3792

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Dodge 2000 Ram Van—15 pass. van \$10000/obo, well main. 60k mi, V-8, Auto, ABS, PS, PW, PL keyless entry, dual heat/air, 202-276-6380

Dodge 1994 Intrepid—\$2000 obo, good cond, 130k mi, green ext, gray int, 4 dr, buckets,cd, abs, air ps, pwr lck, air dr, 301-237-4855

Ford 2004 Mustang—40th ANNIV. ED: \$11,000, good cond, 26k mi, Blue ext, Gray int, 2 dr, alloy wheels, remote keyless entry, 540-720-1604

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Land Rover 2003 Range Rover—HSE - AWD, 32k mi, LOADED, MINT, SILVER ext, 1 OF KIND, \$38990 obo, 703-493-9068

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MERCEDES 1998 ML320—very clean, low mi., well maint., full pwr, sunrf, CD, showrm. cond., \$10,900/OBO. 301-556-8830

Pontiac 2004 Aztek—SUV \$8950, excellent cond, 55k , 5 dr, ac sunroofmd inspect automatic roofrack nice interior lot a space v6 Tinted GlassFog Lights 3015739248

Porsche 1986 911—conv, exl cond, 140k, Blk, Alpine/Focal/ipod cbl, man, pw&l, new trs/starter, \$27,750, 703-744-8046

Subaru 2004 Baja—\$14,400, all wheel drive, 4 dr, 38k mi, excellent gas mileage, black and silver ext, leather interior, sunroof, loaded, ps/pw/pb/pdl, pick up truck bed, priced to sell, (240) 377-1237

TOYOTA 2002 COROLLA—CE Model \$7250, good cond, 58k mi, Silver ext, Grey int, 4 dr, ps, call cheryl 301-408-1339

Volvo 2007 V50—\$24500, mint cond, 6k mi, silver ext, silver int, 5 dr, htd seats, dvd, alloy wheels, sunrf, An elegant sporty st wgn 703 278 9659

VW 2000 GOLF—\$5pd, low mil, excel. cond. \$5500. 202 285-9103

BOATS AND AVIATION

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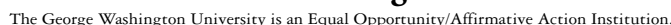
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LOOK out

* TRENDS, CULTURE, DISCOVERIES, IDEAS, PEOPLE

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Travel

The Greenbrier hopes to reclaim its place as a preeminent resort

Lynn Swann remembers the day the Greenbrier — the resort that has hosted presidents, royalty and the well-heeled for nearly 150 years — lost a distinction it had held for almost four decades.

On Jan. 11, 2000, the editors of Mobil Travel Guide stripped away its coveted five-star rating, proclaiming the historic hotel no longer stood among the few dozen considered the world's finest.

The resort in White Sulphur Springs, W.Va., had failed to keep up with the times, lacking radios, telephones in the bathrooms and suitable TV stands. Though still a fine hotel, Mobil decided, it was no longer perfect.

"It was personally devastating for a lot of the staff here," recalled Swann, a longtime employee and manager of public relations. "Our staff takes a lot of pride in this property. When they are welcoming guests, it's like they are welcoming them into their home. It was heartbreaking."

Work to regain the fifth star began immediately, surging into overdrive last winter with a \$50 million renovation. Paul Ratchford quit California's Ritz-Carlton at Half Moon Bay to become the Greenbrier's president and guide the resort to its future.

The changes number in the dozens, though many are subtle. The main lobby still has its distinctive black and white tiling, but there is music now, recorded and sometimes live. Bowls of exotic flowers have replaced potted plants. Smoking is allowed only outdoors, guests can bring small pets into the cottages, and there is wireless Internet access.



HIP AND HISTORIC: The Greenbrier, left, has gone modern after a \$50 million update, and its restaurants now feature hip fare like shrimp toast with shaved coconut, right.



Victory in Retreat

Overnight guests are greeted with wine and bottled water, then given cards rather than metal keys to their rooms, where new linens and flat-screen TVs await in all 721 rooms.

"It was important that the relevance of the property was accepted with the next generation," said Ratchford. "The Greenbrier is a very historic national treasure, but we had been unable to pierce the market share of a younger demographic that might have come here with their parents or grandparents in previous years but would not necessarily consider us for a return visit."

Street signs help visitors navigate the sprawling grounds, sprinklers appear as tiny black discs high on the wall, and wood-paneled elevators sport beveled mirrors and

brass railings. Tennis courts are now royal blue, suggestive of the U.S. Open.

The former Tavern Room restaurant is now 38-80, a world music cocktail lounge named for the Greenbrier's approximate latitude and longitude. Its Moroccan-inspired decor features star-shaped lanterns, limestone walls and elaborate tile work on the ceiling.

The Old White Lounge, with its crystal chandeliers and floral drapes, has been replaced by Hemisphere, which offers a gourmet tasting menu with tiny portions served over several hours.

Mary Tabacchi, a professor at Cornell University's School of Hotel Administration in Ithaca, N.Y., said updating historic properties can be risky.

"They had a client that liked

I get letters every day saying, 'Please don't turn the Greenbrier into a Ritz-Carlton. And we didn't.'

PAUL RATCHFORD, GREENBRIER

the old regular things, and there's always a risk when you change that you might lose your old clientele."

But she added that "the idea of what they're doing sounds good. They were verging on being shabby chic."

Kevin Dott, assistant director of food and beverage, hopes Chef Michael Voltaggio's artistic creations and open kitchen will attract

a kind of traveler the Greenbrier has never sought — the foodie.

"This is a little more contemporary, something you'd see in the major culinary cities in America," he said. "Finding it here is a bit of a surprise to our guests."

Balancing the need to modernize with the need to retain longtime clients is the key challenge for Ratchford and designer Carleton Varney, a protege of the Greenbrier's original decorator, the legendary Dorothy Draper.

"I get letters every day saying, 'Please don't turn the Greenbrier into a Ritz-Carlton,'" Ratchford said. "And we didn't, because Carleton Varney has been the decorator here for 40 years. Carleton designed those rooms with what he thinks Dorothy would have done today."

VICKI SMITH (AP)

So itenly Worth a Visit

Entertainment

An obscure museum in Pa. pays tribute to the Three Stooges

Posing for a picture with life-size replicas of the Three Stooges, Gary Lassin smiled but didn't say "cheese."

"Woob, woob, woob, woob, woob!" he trilled in a Curly-like falsetto before breaking into a grin.

The statues of Larry, Moe and Curly are near the entrance to the Stoozeum, home of Lassin's large and priceless collection of Stooges memorabilia.

The Stoozeum has about 3,500 items on display, from Stooges bowling balls and cereal boxes to Shemp Howard's Army discharge, Larry Fine's driver's license and the flying submarine from "The Three Stooges in Orbit."

"This is as good as it gets," Lassin said.

Lassin, 52, opened the Stoozeum



Replicas of the Three Stooges are on display at the Stoozeum in Spring House, Pa.

um three years ago in a renovated architect's office that looks like a large house. It's a gold mine for fans of the old-time knucklehead movie and TV trio, but its off-the-beaten-path location in Spring

House — about 25 miles north of Philadelphia — has made it a fairly well-kept secret.

"People sort of have to work to find me," Lassin said. "I do want people to see it, but I want them

“Going through [the Stoozeum] is sort of like a trip through the history of pop culture in the 20th century.”

PETER SEELY, EDITOR

to see it on my terms.”

Those terms include no photographs of the memorabilia, as he fears too much media exposure will cheapen it. And admission to the exhibits is by appointment only because Lassin is the Stoozeum's sole employee.

The museum-quality exhibits occupy three stories totaling 10,000 square feet, including an 85-seat theater. Rooms are filled with movie props, posters, toys, artwork, figurines, scripts and even a video game, while TV screens replay all the eye-poking, pie-throwing and general mayhem that made the Stooges famous.

The Stoozeum has “more stuff than I even imagined existed,” said Peter Seely, editor of the book “Stoogeology: Essays on the Three Stooges.” “Going through there is sort of like a trip through the history of pop culture in the 20th century,” he said.

It's likely the first museum of its kind, said Eric Lamond of California-based C3 Entertainment Inc., a production company created by the Stooges that still owns the brand.

“Gary's collection is enormous,” said Lamond, who is also Fine's eldest grandchild. “I would think that his is the largest.”

Lamond noted C3 Entertainment is considering building its own museum, but has no immediate plans to do so.

For now, fans have the Stoozeum. Lassin said about 2,500 people visit each year, many during the annual gathering of the Three Stooges Fan Club.

Eventually, said Lassin, the museum might have employees and regular business hours a few days per week. He would seem to be guaranteed a steady stream of visitors since the Stooges' zany antics, even though decades old, continue to win them admirers.

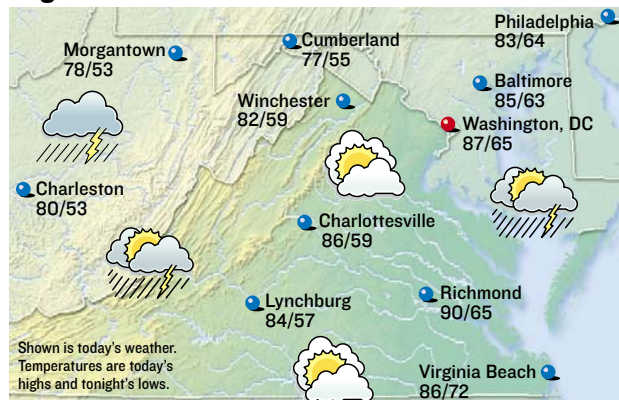
“They were funny. It's as simple as that,” Lassin said. “Laughter makes you feel good.”

KATHY MATHESON (AP)

5 Day Forecast for the Washington Area

Today	Tonight	Wednesday	Thursday	Friday	Saturday
Partly sunny, humid, a thunderstorm	Partly cloudy	Mostly sunny, much less humid	Partly sunny	Partly sunny	Partly sunny, a thunderstorm
87°	65°	83° / 60°	79° / 65°	83° / 65°	78° / 59°

Regional Weather



Forecasts and graphics provided by AccuWeather, Inc. ©2007

Almanac

Washington, D.C., through 4 p.m. Mon.

Temperature

High	88°
Low	75°
Normal high	81°
Normal low	64°
Average humidity	59%

Precipitation

24 hours ending 4 p.m.	0.00"
Month to date	0.00"
Normal month to date	1.25"
Year to date	21.04"
Last year to date	34.16"
Normal year to date	27.51"

For up-to-the-minute weather, see: washingtonpost.com/weather

Regional Forecast

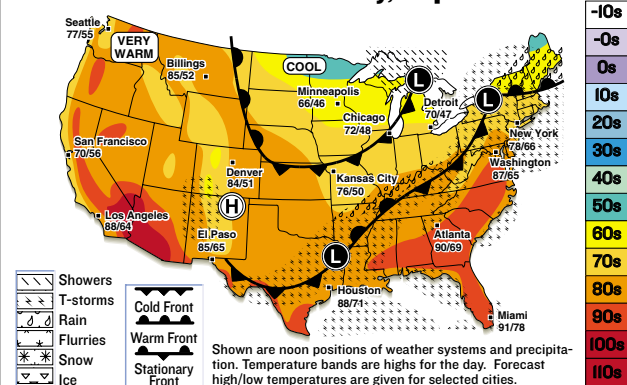
D.C. Metro: Today, partly sunny, humid, a thunderstorm. High 87. Wind west-southwest 6-12 mph. Tonight, partly cloudy. Low 65.

Sun and Moon

Sunrise today	6:46 a.m.
Sunset tonight	7:24 p.m.
Moonrise today	6:46 a.m.
Moonset today	7:23 p.m.



National Weather for Tuesday, September 11



National Cities

City	Today Hi/Low/W	Wed. Hi/Low/W
Atlanta	90/69/pc	85/68/t
Boston	75/62/t	75/55/s
Chicago	72/48/pc	70/49/pc
Dallas	85/66/t	87/67/s
Denver	84/51/s	87/48/s
Honolulu	89/75/s	89/75/s
Los Angeles	88/64/s	88/66/s
Miami	91/78/t	90/79/t
New York City	78/66/r	78/61/t
Orlando	92/74/t	91/74/t
Seattle	77/55/s	78/55/s

World Cities

City	Today Hi/Low/W	Wed. Hi/Low/W
Amsterdam	66/50/c	64/54/pc
Athens	79/64/s	82/64/s
Berlin	63/49/c	68/51/pc
Buenos Aires	68/54/t	63/52/r
Calgary	74/39/pc	48/27/c
Dublin	64/54/pc	64/52/pc
Geneva	68/41/pc	71/44/s
Moscow	57/41/pc	59/43/c
Rome	79/61/pc	79/57/s
Sydney	65/52/pc	68/53/pc
Tokyo	77/71/r	78/71/r

s-sunny, pc-partly cloudy, c-cloudy, sh-showers, t-thunderstorms, r-rain, sf-snow flurries, sn-snow, i-ice.

Styles

Look out

Color Me Rad

Hues are what's new for next spring's lines

If fall's gray palette seems a bit depressing, get ready for a dose of fashion Prozac.

The spring collections shown at New York Fashion Week were full of optimism, featuring bright colors and bursts of gold.

MICHAEL KORS

An explosion of color rocked the tents with Michael Kors' spring collection.

For all the lovely dainty dresses that retailers, fashion editors and stylists have seen over the first half of Fashion Week, Kors offered the opposite in splashy and sunny clothes, ranging from a form-fitting rainbow color-blocked sweaterdress to a floral ruffle bikini in a print done in the spirit of the artist Seurat.

DKNY

Mix it up. That was the message Donna Karan conveyed as she presented her spring DKNY collection at her downtown studio.

Outfits alternated between crisp white tailored looks, including a coat-dress with a portrait collar, and soft stretch cotton T-shirt styles. A navy-and-orange striped dress from the latter group would have been the perfect thing to wear on an Indian summer weekend day.

New York Fashion Week

NICHOLAI

To be taken seriously as a designer, Nicky Hilton had to show that she was not just another celebrity who wanted to see her name on a collection

She showed she was serious Sunday night with her collection Nicholai (which is her real name). With her parents beaming from the front row, models pranced down the runway in outfits alternating between bourgeois — including a black silk cape over a white dress shirt paired with mini-shorts — and flirty, such as a black strapless dress wrapped in tulle.

DIANE VON FURSTENBERG

Diane von Furstenberg used her upcoming spring-summer collection as an excuse to escape from everything

“[Lim] is such a master of the dress that you can wear in the summer and wear all summer.”

LINDA WELLS, ALLURE

she's known for.

The wrap dress that is her hallmark was barely visible on the runway, and the best one that was there — a shiny shantung dress done in safari style, shown at left, — was almost unrecognizable without von Furstenberg's jersey fabric.

She also did fewer workday ensembles, instead concentrating on outfits for a summer vacation to a remote locale, or at least for hanging out poolside. Safari-inspired looks dominated, with a white linen suit looking particularly fresh. However, there also was a fair share of loose, airy dresses in tropical floral prints best pictured over a swimsuit.

PHILLIP LIM

A pearl-embellished, nude-colored minidress told the whole story at the Phillip Lim fashion show.

“He is such a master of the great dress that you can wear in the summer and wear all summer,” said

Linda Wells, editor in chief of Allure.

The fashion industry considers Lim a top up-and-comer. He owes some of his success to creating outfits that go from day to night, offering affordable prices — by designer standards — and by adding a touch of embellishment to almost everything. SAMANTHA CRITCHELL (AP)

Food



Food of the Future

Anything customized requires a checking account with a couple of commas in it. Until now. Brothers and sisters, behold the most important advancement in food since bacon.

MY FRUIT ROLL UPS (\$30 for 30, Myfruitrollups.com) let you work with more than 400 designs and add your own message. We had a blast making strawberry-flavored political statements, but settled on “All ur panda are belong to us,” because pandas are cool. Alas, the spacing got weird on the screen-to-snack transition, so it looked like “all ur p and ar belong to us,” which doesn't make much sense. But still! Tasty!

KRISTEN PAGE-KIRBY (EXPRESS)

Home



Touch and Go

If the blurb above didn't convince you that we live in exciting times, then prepare your mind, for it is soon to blow. bioMETRX is shipping the **MASTER LOCK SMARTTOUCH** garage door opener this week (Home Depot). Our grandpa once told us that garage door openers worked by shocking elves, who consequently ran around a belt, lifting the door, but this one is so much cooler than elf power. It opens by recognizing your (or any of your 19 other authorized users') fingerprint. No scrambling for the opener, plus you can pretend that you're on “Alias,” before it started to be boring. K.P.K.


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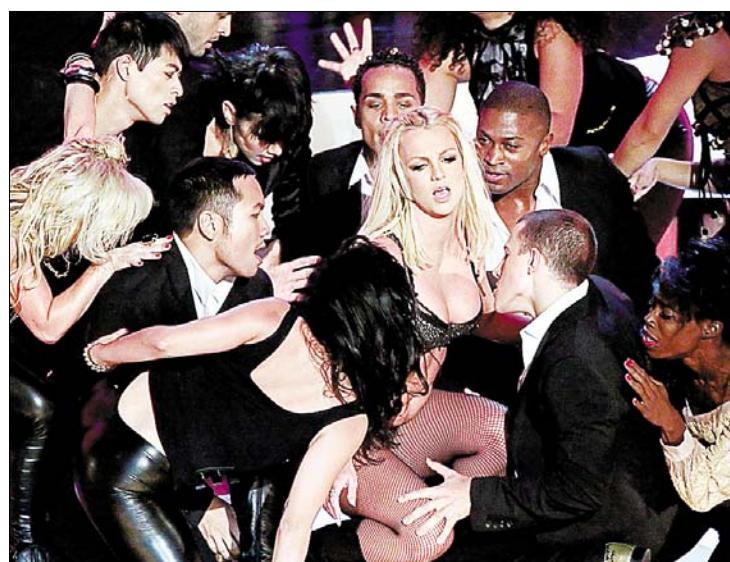
Six Years Later

Although the immediate pain has passed, memories of Sept. 11, 2001, still sting. What was a beautiful Tuesday morning turned into the nation's worst nightmare. Where were you? We take a look back at that hallowed day, from the attack on the Pentagon to the gridlocked evacuation of D.C. | [ONLINE NOW](#)



"Why have I not learned that you should not text, e-mail, or call anyone with whom you are not close friends unless you are sober?"

DOWNTOWNTB.BLOGSPOT.COM HAS SOME QUESTIONS THAT NEED TO BE ANSWERED IN HIS LIFE, INCLUDING, "WHY DOES DENTAL INSURANCE ALWAYS SUCK?"



"I HAVE NEVER seen a beached whale trying to return to sea. Nevertheless, this was one of the most painful things I have ever [seen]."

A COMMENTER AT **THESUPERFICIAL.COM** COULD BARELY WATCH AS THE OFT-TROUBLED BRITNEY SPEARS PERFORMED HER NEW SINGLE, "GIMME MORE."

"ISN'T IT CONVENIENT that the U.S. intercepted the tape [right] before the sixth anniversary of Sept. 11, which will fall during the same week as Gen. Petraeus' report to Congress on the progress of the Iraq war?"

IVORYTOWERZ.BLOGSPOT.COM IS SKEPTICAL ABOUT THE TIMING OF THE RELEASE OF OSAMA BIN LADEN'S NEWEST VIDEO.

"IT OCCURRED TO ME that in a few weeks my commute won't be peppered by little gems of tourist frustration."

S-INTHECITY.BLOGSPOT.COM LONGS FOR THE DAY THAT SHE WON'T HAVE TO WAIT BEHIND "THE TOURISTS TRYING TO SHOVE THEIR LITTLE METRO CARDS INTO THE SLOT WHERE THE CARD COMES OUT."

"If this is your opening act, then you might as well concede defeat and sell your flailing, failing network to the highest bidder, MTV."

IDONTLIKEYOUINTHATWAY.COM IS OFFICIALLY DONE WITH MTV AFTER SUNDAY NIGHT'S VIDEO MUSIC AWARDS, FOR WHICH BRITNEY SPEARS OPENED AT THE PALMS IN LAS VEGAS.



EATING AROUND

Brews Aplenty

Brasserie Beck, a relative newcomer to K Street, has already carved out a niche as a place to sample a great selection of Belgian beer. Now that its beer specialist has been honored with a special Belgian brewers' knighthood, there's even more reason to check out the offerings. | [ONLINE NOW](#)



comment board

“Of course I trust

Gen. Petraeus, and I expect to see some glowing successes [and] some areas of below-par progress."

COMMENTER STORMINNORMAN, WHO ADDED, "THE REPORT WILL BE THE MOST CANDID ASSESSMENT OF THE STATE OF AFFAIRS IN IRAQ TO DATE."

“Petraeus is

a smart, highly respected commander who knows full well that the war cannot be won but [is] not courageous enough to come out and say it."

COMMENTER SHANE, WHO ADDED, "THE LATE GEN. WESTMORELAND WAS IN AN IDENTICAL PREDICAMENT 40 YEARS AGO IN VIETNAM."



"Petraeus I trust. The White House I don't. He will give his report, and the White House will rewrite it to excise what they don't want heard and [edit] what they can to make it sound more positive."

COMMENTER DANIELLE, RESPONDING TO MONDAY'S POLL CENTER QUESTION, "DO YOU TRUST GEN. PETRAEUS TO GIVE A CANDID ASSESSMENT OF THE WAR IN IRAQ?"

poll center

YESTERDAY'S RESULTS AS OF 5 P.M.

DO YOU TRUST GEN. PETRAEUS TO GIVE A CANDID ASSESSMENT OF THE WAR IN IRAQ?

NO 68%

YES 32%

SEE HOW YOUR METRO STATION VOTED AT [READEXPRESS.COM/POLLCENTER.PHP](http://readexpress.com/pollcenter.php)

Discussions

Football Season

Post sports columnist **MICHAEL WILBON** was online Monday to talk about the Redskins and fans behaving badly in NFL stadiums.



Can we take a moment to put in a good word for the unluckiest man in sports: Jon Jansen?

It is sad, and I know Jon's a good dude ... a very good man. I hate to see him suffer another serious injury, like the dislocated ankle he suffered Sunday. All the best

to Jon in his recovery. He's suffered through the franchise's bad years as a good soldier and is somebody the people here have grown to like very much over the years.

I've been to a few NFL stadiums, and FedEx Field is pretty bad. San Diego isn't any better, though. The key point is, at least one-third of the fans are there to drink, and they don't care about the game. You know what you guys should be doing, right? Tell the club executives. Start an e-mail campaign. You deserve to be heard.

How long to you think it's going to be before there is a serious incident (shooting, stabbing, etc.) in

the stands at an NFL game? I fear that the combination of beer and the intensity that the NFL promotes is going to lead to a worse and worse atmosphere. Do you think the NFL owners or the commissioner care about this issue?

I think behavior at many NFL stadiums is disgusting, starting with the drunkenness, and FedEx Field is among the very, very worst — 92,000 people in one space for a pro game in a big city is 25,000 too many. I wouldn't take a kid there, either.

TODAY ON DISCUSSIONS: Washington Post staff writer Paul Farhi takes your questions on the best and worst pop culture has to offer at 1 p.m. | washingtonpost.com/discussions.

DO

FACT-CHECK YOUR ALUMNI MAGAZINE BEFORE PUBLISHING. Two AU graduates are suing American Magazine for gross negligence and acting maliciously after an apparent prank resulted in a false blurb that said the two men had been married and started a fake group named the "Gay Rights Brigade."

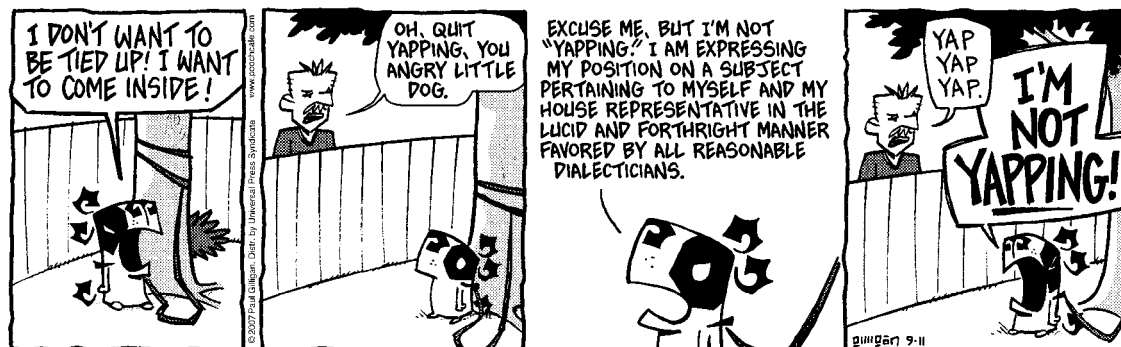
Bizarro | *Dan Piraro*

Cornered | *Mike Baldwin*

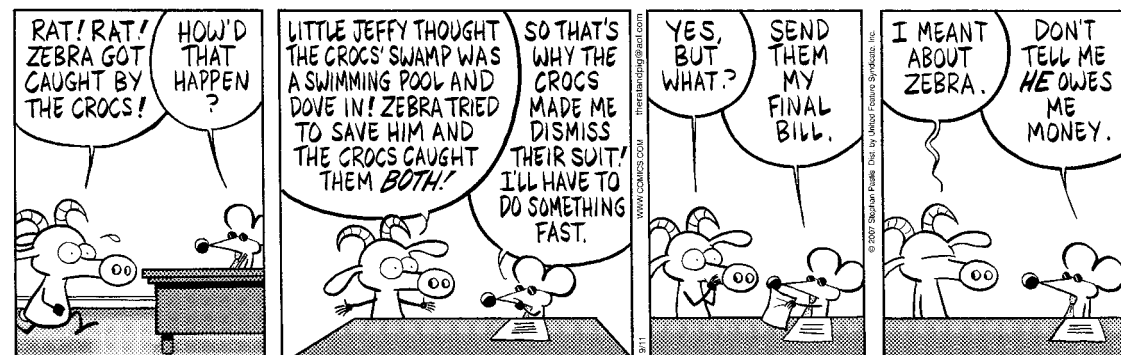


“Our forecasts may have been a little wishful thinking – heavy on the wishful.”

Pooch Cafe | *Paul Gilligan*



Pearls Before Swine | *Stephan Pastis*



The Duplex | *Glenn McCoy*



Horoscope

By Stella Wilder

VIRGO (Aug. 23-Sept. 22) You're in no mood for monkey business. Draw the line and insist that others follow your example when things get complicated.

LIBRA (Sept. 23-Oct. 22) Your controlling influence may be weakened—but you can afford to lighten your grip a little. Don't panic if others do their own thing.

SCORPIO (Oct. 23–Nov. 21) Don't you dare underestimate what this day has to offer. You may have to look beneath the surface, but the prize is there for you.

SAGITTARIUS (Nov. 22-Dec. 21) Promises, promises—that's what you'll be saying as you receive a guarantee from someone who hasn't come through yet. Still, be patient.

CAPRICORN (Dec. 22-Jan. 19) Those who gravitate toward you will have much to be thankful for in the end, as you will provide them with much that is actually invaluable.

AQUARIUS (Jan. 20-Feb. 18) While searching for greater security, you

may actually uncover a very good reason for taking a calculated risk and putting more on the line.

PISCES (Feb. 19-March 20) You can do more than expected, but when the time comes, you're going to have to drop what you're doing and tend to another's needs.

ARIES (March 21-April 19) Once your day begins, you're not likely to have any time to yourself. Still, you'll feel proud that you fulfilled all your promises.

TAURUS (April 20-May 20) Someone may be trying to push all the right buttons and get you to consent to something that you would otherwise resist.

GEMINI (May 21-June 20) You can use the time available to you to get ahead of the game, or you can relax and let things pass you by. The choice is yours.

CANCER (June 21-July 22) You'll have an opportunity to get together with someone who shares your ambitions but goes at work from a different perspective. Share ideas.

LEO (July 23-Aug. 22) You'll prove a good and persuasive talker, but in the end it will be listening that serves you best. You can absorb much valuable info.



A second plane flies into the World Trade Center in the Sept. 11, 2001, terror attacks.

Today in History

1789 Alexander Hamilton is appointed the first U.S. secretary of the Treasury.

1941 Charles Lindbergh sparks charges of anti-Semitism with a speech in which he said “the British, the Jewish and the Roosevelt administration” were trying to draw the United States into World War II.

1972 The troubled Munich Summer Olympics end.

2001 In the single worst act of terrorism committed on U.S. soil, nearly 3,000 people die when two hijacked jetliners crash into New York's World Trade Center, causing the twin towers to fall; a commandeered jetliner smashes into the Pentagon; and a fourth hijacked plane crashes in western Pennsylvania.

2002 Actress Kim Hunter and football Hall of Famer Johnny Unitas die at the ages of 79 and 69, respectively.

LOOK out

People



"I thought my hair would hide my belly."

KNOCKED UP?

Child to Be Taunted About 'Dirty' Video During Recess

Paris Hilton isn't good at keeping her mouth shut. At a Christina Aguilera-sponsored party at LAX nightclub in Las Vegas Sept. 9, the heiress grabbed the microphone and congratulated Aguilera on her baby news, though the pop star hasn't told the public that she is expecting. (EXPRESS)

KNOCKED AROUND?

It Turns Out Billie Jean Wasn't His Dealer, Either

In an open letter to the media, **MICHAEL JACKSON**'s mother and four of his brothers blasted a recent



deluge of reports claiming the king of pop is battling an addiction to drugs and alcohol. In the letter, Katherine, Tito, Jackie, Marlon and Germaine Jackson dismiss "untrue and inaccurate information about Michael Jackson." They go on to say the family has never planned an intervention with the gloved one. (EXPRESS)



LIKE, TOTALLY SERIOUS

Runway Hotline

Hip-hop mogul Russell Simmons had some advice for **NICKY HILTON** before her debut at New York Fashion Week: To be taken seriously as a designer, Hilton had to show that she was not just another celebrity who wanted to see her name on a collection. "She seriously invested her time," said Simmons. Hilton showed she was serious Sunday night with her collection Nicholai. (AP)

KNOCKED OUT MTV Curses Decision to Air Britney Over This

KID ROCK received a misdemeanor citation for battery after a dustup with Tommy Lee in the audience at the MTV Video Music Awards. Both Lee and Kid Rock are ex-husbands of Pamela Anderson. MTV VJ Sway told E! Online that he saw Kid Rock walk over to the Motley Crue drummer



The first rule of MTV fight club: wear shades.

during the post-show and "deck him." Other eyewitnesses said that while Kid Rock landed a backhand slap and a punch, Lee instigated the fight. Producer Rich Nice, who was sitting nearby, told E!: "It looked like Tommy Lee initiated it because Kid Rock was ignoring him." (EXPRESS)

SPACEMEN ARE FROM MARS Astronaut Lives: Sooo Hard

BUZZ ALDRIN said a former astronaut charged with attempted kidnapping should be "admired" but not excused for her resolve confronting a romantic rival. Lisa Nowak was arrested after police said she had driven nearly 1,000 miles to Orlan-

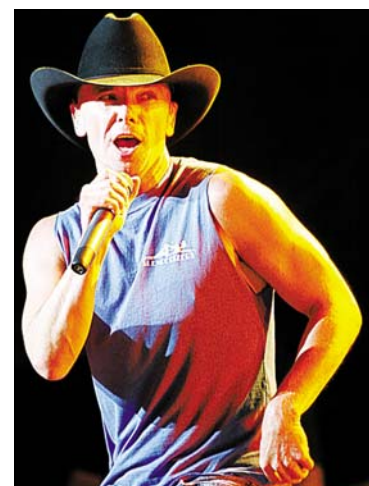


do, Fla. On Time magazine's Web site, Aldrin said, "Nowak should be admired for traveling across the country and not getting out of her car to put in gas or go to the restroom." (AP)

WHINING

Country Hunk Doesn't Know How Jack White Goes On

You could say that **KENNY CHESNEY**, with a top tour and another multi-platinum album, enjoyed an amazing last couple of years — but you'd be wrong. Yes, he accomplished all that. But, enjoy it? That's another matter. Last year was another pinnacle in his seemingly unstoppable career, but it also may have been his most frustrating time as an artist — and as a person. Chesney was still reeling from his brief marriage to Renee Zellweger and felt uninspired. "I wasn't mentally ready to go on the road," he said. (AP)



"Some days are tough, but I find comfort in my gold records," says Chesney.

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LOOK out

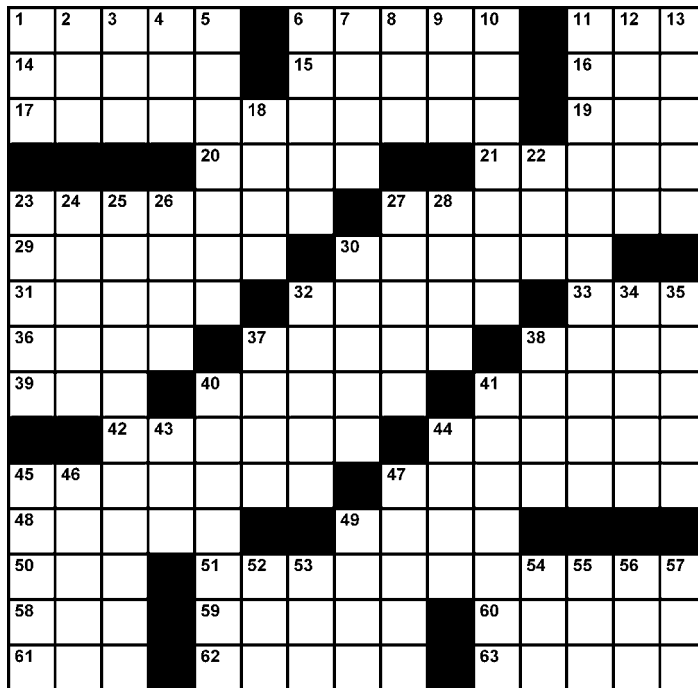
CROSSWORD | UTTER NONSENSE

ACROSS

- 1 White poker chips, often
6 Allen or Martin
11 Chest muscle, in gym lingo
14 Western "necktie"
15 Mayhem
16 ____ rule
17 Fumble
19 10th, 20th and 30th in NYC
20 Stocking stuffers?
21 Kickoff
23 One
ankle-deep in shoes?
27 Official emissaries
29 Comes to terms
30 Lake Superior port
31 Like some nail polish
32 "____ and Sensibility"
33 Pt. of a flight plan
36 Furniture wood
37 Spaghetti accompaniment
38 Black, in some poems
39 Annoy
40 Bungle
41 Say without thinking
42 Colorful T-shirt
44 Responds to stimuli
45 Well-educated one
47 Certain prison guard
48 Concert venue
49 Kiss
- 50 Island chain?
51 Be victorious
58 Champagne word
59 Best of the best
60 Take downtown
61 J. Fred Muggs, for one
62 Thick as a brick
63 Ode fellow

DOWN

- 1 "____ away we go!"
2 Easter preceder
3 "Not a moment ____ soon!"
4 Uncommon sense
5 Homesteader
6 Like chiffon
7 Filing aids
8 Zsa Zsa's sister
9 Remote letters
10 Pastoral poem
11 Avoid
responsibility
12 Lauder of cosmetics
13 Acting ensembles
18 Breaks new ground?
22 Holman or Turner
23 Desert sights
24 Impolite looker
25 Crack a little joke
26 Woodpecker's pride
27 Burroughs' was naked
28 "What," "who," "how," and "where"
30 It's often wild
32 Half-man, half-goat
34 Rich cake

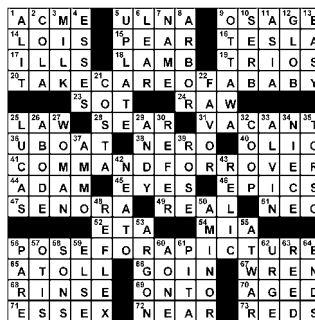


EDITED BY TIMOTHY E. PARKER

- 35 On edge
37 Counter offer?
38 Joie de vivre
40 Tardy
41 Frenzied
43 It carries a small charge
44 Gain ground
yardage
45 Nacho enhancer, for many
46 Dirty rotten scoundrel
47 He's in a class by

- himself
49 What some pools consist of
52 Stout relative?
53 Flesh and blood
54 Theatrical signal
55 Santa ____
56 Hobbyist's package
57 Northern borders?

Yesterday's Solution



SUDOKU | MEDIUM

Fill in the boxes so each row, column and 3-by-3 square includes the digits 1 through 9. See www.sudoku.com for solution, tips and computer program.

Need more Su/doku?

Find another Sudoku puzzle in the Comics section of the Post every Sunday and in the Style section Monday through Saturday.

Yesterday's Solution

4	7	2	1	9	8	3	5	6
1	3	5	6	4	7	8	2	9
8	9	6	2	5	3	7	4	1
6	4	8	7	2	9	1	3	5
2	5	7	4	3	1	6	9	8
9	1	3	5	8	6	4	7	2
5	6	9	8	7	4	2	1	3
3	8	4	9	1	2	5	6	7
7	2	1	3	6	5	9	8	4

8		3						
			1	7			6	
	2		3					
2					1		7	9
5	4			9			8	6
9	1		7					4
				7			1	
	9			4	2			
					6		2	

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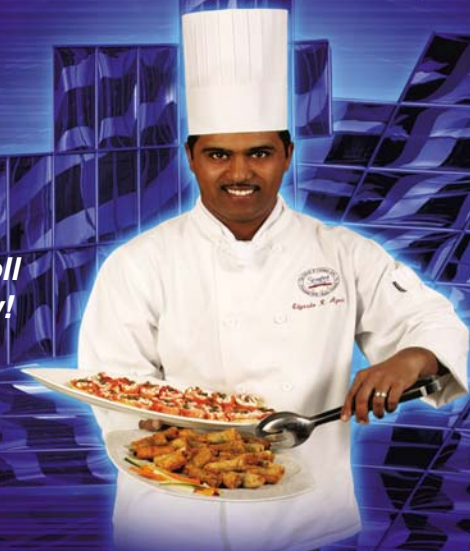
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WELLNESS

Pick-Up Artistry



Psychologists study dudes' opening lines to find out which ones work | **E7**

NUTRITION

Bean Counting



Mashing black beans into ground beef gives a patty less fat and more healthy fiber | **E6**

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Who'll Stop the **PAIN?**

Being lazy won't end back agony — get moving to get better | **E5**

BaggageCheck



GOT ISSUES? DR. ANDREA BONIOR WILL HELP YOU SORT THEM OUT

Violent Threats Are Nothing to Joke About

Q I think my boyfriend is depressed. He's under a lot of stress at work. He sometimes makes comments that threaten of violence — he says he's joking, but I think his job has filled him with so much rage that his personality has changed. I encourage him to submit resumes to other places, but he doesn't want to do anything at home except veg out in front of the TV or his PlayStation. — WORRIED VA.



ERIC REECE

Though I don't want to play the stereotypical overanalysis card and say that people aren't allowed to joke around (after all, I'd be nothing without my propeller hat), those "jokes" do hint at just how rageful

he is feeling. He could just be blowing off steam, but with the changes in personality and the paralysis that appears to be keeping him

from improving his situation, it's worrisome. So, when he says them, pounce — not to accuse him, but to springboard into talking about

how stressed he seems. Tell him it's tough for you to see him suffering and not taking steps to do anything about it, and that you'll help in any way you can — by listening, by finding job listings or even by lining up a therapist. Then do it, and keep vigilant about any aspects of his behavior that concern you.

Q I am about to start taking college classes as a 26-year-old full-time worker with a fiancé. I am proud to be independent, but I am finding myself feeling like I'm back in high school again, worrying about what people will think. I didn't think that being an older student would make me so self-conscious, but I am having all the same doubts that made me leave high school and never do college in the first place.

— FIRST DAY OF SCHOOL ALL OVER AGAIN

Don't forget that the beauty of college is that several things will have

gone extinct — homeroom, bells and the "cool" table at lunch. The feelings you describe are normal as you embark on such a significant growth step in your life. (Congratulations!) You're aware that you may automatically be considered different than the "average" first-year college student, but then again, so is anyone who knows how to do laundry. Keep reminding yourself how much you've overcome — presumably, you went back to get your high school degree, when many people would've never had the patience and strength, and you've carved out an adult life for yourself. And having found your life partner and being gainfully employed are things that may make classmates jealous of you!

Take it one day at a time. Realize that many of the 18-year-olds will be even more anxious than you — and without the life experience you've had to help them cope with it.

Send your mental health and emotional wellness questions to Andrea Bonior, Ph.D., at baggage@readexpress.com. This column is not a substitute for one-on-one care.





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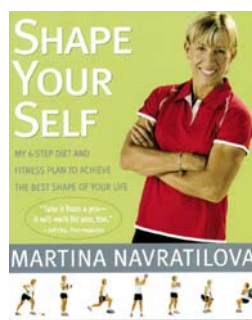
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License to Sled

OF ALL OF THE TRAGEDIES possibly caused by global warming, people seem to overlook the fact that less snow will lead to less quality sledding. Unless, that is, you have a SLICER (\$60, lcesled.com) to ride down those hills. This versatile piece of plastic not only works in the traditional way on the white powdery stuff, but it also allows users to insert large pieces of ice in its underside and slide down grassy mounds. In the future, perhaps this is what all children will do during their winter holidays. But remember that safety precautions are still necessary — taking a spill could mean some serious grass stains.



Serving on and Off the Court

ENERGY BALL might make a good nickname for Martina Navratilova, the oldest tennis player in Olympic history. It's also one of the healthy snack ideas she gives readers in "Shape Your Self" (\$18, Rodale). The honey-oatmeal-fig concoction, along with

tons of other recipes, helps keep readers nutritionally balanced as they try her straightforward exercise routine. Props are required for some moves, but she offers substitutions (instead of dumbbells, milk jugs will do the trick). Not a fan of her? You will be.



Foam if You Want To

GERMAPHOBES HAVE CHERISHED Purell for years as their primary weapon in the fight to keep their hands free of ickiness at all times. But what about folks who also have a fear of liquids? They can shake hands easier now, thanks to the introduction of Vicks Early Defense Foaming Hand Sanitizer (\$3, drug-stores). Although it sloshes like water in the bottle, when you pump the top, out shoots a frothy, bubbly substance that'll rub into skin easily. It smells of cucumber and mint, which is quite lovely. And unlike alcohol-based sanitizers, the triclosan in this stuff promises to fend off new germs for up to three hours. So, go ahead. Use that unfamiliar bathroom!

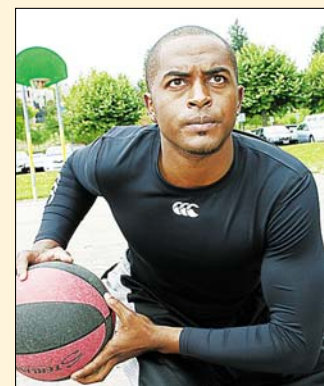


Stick With the Salsa

BOOZING ISN'T FOR HEALTH NUTS — until now, say the makers of Fit-A-Rita (Fit-a-rita.com), a sugar-free, low-calorie mix with as many antioxidants as two glasses of red wine. Rip open a packet, and the powder smells like Sweet Tarts. Dump it in a glass with water and tequila, and it fizzes like mad. The final product is red-dish and a bit gritty. It's not so horribly offensive to drink — but it bears no resemblance to an actual margarita, except for the fact that it is a liquid that contains tequila and ice. Rather than ruin your stash of Jose Cuervo with this stuff, think about doing one shot per evening and chasing it with a multivitamin.

PRODUCTS

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Positive Power

TUMMY CRAMPS have halted my workouts, and an occasional blister has slowed me down, too. But I must have missed the damage that positively charged molecules were wreaking on my athletic performance. Ironically, it's negative energy that you want. Being surrounded by negative ions boosts your endurance and speeds recovery time. And that's the idea behind IonX clothing (Canterburynzusa.com).

So, I went for a run while donning a long-sleeve base-layer shirt (\$50, like the one pictured above, although I didn't look nearly as intense as that guy in it). The material felt like typical wicking wear, but kept exceptionally cool as I grew increasingly more sweaty. Were ions neutralizing my flow of positive ions, though? I have no clue. It didn't feel any different to run or to cool down in it. But perhaps I was already being overly negative. VICKY HALLETT (EXPRESS)

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My Left Foot

Q A couple of months ago, while I was on a cross-training machine, after about 30 minutes my left foot fell asleep! Then it happened a few more times. I switched to an elliptical machine, and it happened again. It doesn't happen every time I'm on an elliptical, but it does happen one or two times out of five. It interferes with my exercise because once the foot falls asleep, it is very uncomfortable to keep on pedaling. — LILY

Your first impulse is probably to curse the machines, but before you do, look down.

District-based podiatrist Erika Schwartz recommends that you start by examining your footwear. Food docs are always ranting about how flip-flops and high heels will result in agony, but even supportive sneakers can be a disaster if you pick the wrong ones. And, Schwartz says, most people do. If you shop in the morning but work out at night after your feet have swollen, your sneaks are probably too tight and pressing down on your nerves. If your feet aren't happy with the position the shoes put them in, they may rebel by going numb. That problem is easily fixable with a trip to a shoe store with a knowledgeable sales staff.

Another possibility, Schwartz says, is that you've developed a neuroma, an enlargement of a nerve resulting from pressure on the foot. Remedies include icing, injections of steroids and, if needed, surgical removal (of the neuroma, of course, not your foot). A visit to a podiatrist could take the guesswork out of the diagnosis.

Vicky Hallett is one of the MisFits, the fitness team for The Washington Post's Health section. Find more of her answers to reader questions on page F3 of The Post every other Tuesday, alternating with personal training insights from her gym buddy, Howard Schneider. Contact the MisFits at fitness@washpost.com.



LAWRENCE LUK

Busting a Move

FlexAware promises to help you overcome pain

When Sandy Beber walked into the FlexAware studio in Adams Morgan last week, her twisted ankle demanded she hobble with the help of a cane. Just 75 minutes later, she was standing and walking on her own.

Her cure? Rolling around on the ground like a three-month-old. "FlexAware is a combination of movement and exercise based on how young children learn to move. They have the ease and flexibility we've lost," says creator Steven Shafarman, who likens it to "Western scientific yoga" because of his studies of anatomy and neuroscience.

For decades, Shafarman taught the Feldenkrais Method, a form of movement based on examining the way the body works. Over the past

few years, he has created his own technique to expand on this philosophy. Instead of just developing consciousness as Feldenkrais does, FlexAware also promotes fitness by incorporating more vigorous exercises.

Throughout any movement, participants must be mindful of "balloon breathing." He instructs students to think of their midsections as balloons inflating or sponges filling with water as they inhale. When they breathe out, they must deflate the balloon or squeeze the sponge.

Moves include lying on one side and wrapping the opposite arm around the head. Then, on the exhale, one lifts the head up. Another exercise starts on one's back with knees bent and feet flat on the floor, fingers interlaced and hands

behind the head. As one sits up and squeezes the sponge, the elbows fold toward the knees. Casual observers might mistake these for sit-ups, but Shafarman says, "flex-ups, in anatomical terms, are a healthier version of sit-ups." And instead of push-ups, FlexAware students do "extend-ups." These involve lying flat on one's stomach with palms flat on the floor and elbows up in the air. Then, as one exhales, one straightens the arms and reaches upward with one's head.

Beyond breathing and moving, FlexAware is also about feeling comfortable. So, there's no one right way. "In yoga, they're always correcting me, which implies I'm doing something wrong," says Igor Heyman, 38, who recently sampled his first FlexAware session. He compares the experience to playing jazz piano: "It's like a set of chord changes. Try various combinations and you'll find the movements that work for you."

That idea extends to the speed of the class. Shafarman sometimes encourages students to perform exercises very slowly, and at other times urges them to pick up the pace, since that works muscles differently. But it's up to the individual how fast or languidly to move.

For Fred Simpich, who's been doing FlexAware for three years, it's that freedom that's so appealing. "He doesn't aim for poses, targets, reps," says Simpich, who credits FlexAware for curing his arthritis, improving his muscle tone and boosting his energy. "I turn 76 next month, and I feel like I'm 45." Meanwhile, his wife, Patricia, has seen a marked increase in her agility. "I can crawl around to pick something up; I can get up from the floor," she says.

Standing is important, too, because although classes typically start on yoga mats or blankets, the last 15 minutes of each session is done in an upright position. Twisting one's spine and folding forward and backward at the waist have a specific purpose near the conclusion of class. "It helps you retain ease when you get out on the street," Shafarman says. "I want to help people be more aware all of the time, not just in the gym."

Beber, her twisted ankle feeling fine, tries to keep all of what she learned in mind as she steps out onto Columbia Road. "If I forget, I'll end up back here tomorrow," she says. VICKY HALLETT (EXPRESS)

NO PAIN, MORE GAIN

→ FlexAware's Adams Morgan studio opened last week at 1744 Columbia Road NW (202-640-1373, Flexaware.com). Classes are offered every day. The first class is free to new students.

→ To learn more about Feldenkrais, take Maureen McHugh's introductory class Tuesday night offered through Arlington County Parks and Recreation at the Barcroft Sports and Fitness Center (4200 S. Four Mile Run). The hour-long class contrasting the feelings of rolling and twisting begins at 7:20 p.m. It's \$14 for county residents (\$24 for non-residents). Everyone must preregister by calling 703-228-4747.

Banish Back Pain

Research says sufferers just need to get moving

Does your back hurt so much that you don't want to bend, twist or lean? Tough.

The prescription for pain isn't lounging around; it's stretching, weight lifting and jogging — even if it hurts a little. Hell, even if it hurts a lot at first. "The single best thing you can do when low back pain flares up is to get up and get moving," says Dr. James Rainville, who directs the New England Baptist Hospital Spine Center.

There's growing evidence that exercise is more effective than almost anything else at easing back pain. In a 2003 study at Boston's Simmons College, 26 volunteers with chronic lower back pain rode stationary bikes three times per week. After 12 weeks, their physical functioning had improved by 11 percent and pain was down 8 percent.

And the benefits are long-lasting. One year after starting an exercise program to strengthen lower back muscles, volunteers in a study conducted at the Swiss Federal Institute of Technology felt significantly less pain and were getting around better than those in a control group.

The approach reflects a new way of thinking about lower back pain. For years, researchers have



ISTOCKPHOTO

tried in vain to find a physical cause for all that agony. Experts now suspect that most garden variety back pain begins with a physical injury that's not all that serious — a pulled ligament, a wrenched muscle. But how it runs its course has less to do with your back than what's happening in your head.

In a 2001 British study conducted at the University College of London, people who scored high on measures of psychological distress in their early 20s were more than two and a half times more likely than untroubled people to have low back problems by their early 30s.

Some doctors already treat back

pain as a psychological rather than a physical problem. In 2003, researchers at the University of Washington concluded that two kinds of antidepressants do help relieve pain in some patients.

But there's another way to treat both mind and body, and it's as simple as getting up. Almost any kind of physical activity forces back muscles and ligaments to work together again. Clenched muscles relax. Weak muscles get stronger. Just as important, returning to normal activities sends a powerful message that there's no serious harm. PETER JARET (REPRINTED WITH PERMISSION FROM MEN'S HEALTH MAGAZINE © RODALE INC.)



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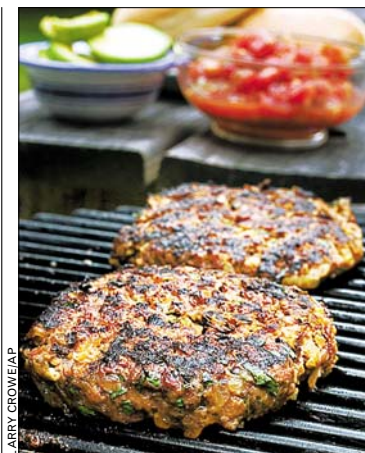
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burgers, makes 4

INGREDIENTS: 1 tsp. canola oil; 1 yel-
low onion, finely chopped; 2 cloves
garlic, minced; 1 1/2 tsp. cumin; 1
tsp. ground chipotle pepper; 3/4
cup canned black beans, rinsed and
drained; 2 slices whole-wheat bread,
torn into small pieces; 2 tbsp. toma-
to paste; 3/4 pound 85 percent lean
ground beef; 2 tbsp. chopped cilantro;
1/2 tsp. salt; 1/2 tsp. pepper; 4 whole-
grain hamburger buns

GETTING STARTED: Preheat a grill to
medium-high. Heat the oil in a small
nonstick skillet over medium heat.
Add onions and saute until just soft-
ened, or about three minutes. Add the
garlic, cumin and chipotle, and saute
until fragrant, about 1 minute longer.
Transfer to a dish to cool. Meanwhile,
in a medium bowl, combine the beans,
bread and tomato paste. Use a pota-



LARRY CROWE/AP

to masher to mash them into a rough
paste. Add the ground beef, cilantro,
salt, pepper and the onion mixture. Mix
thoroughly, then shape into four 3/4-
inch thick patties. Grill the burgers on
a well-oiled rack until there is no trace
of pink inside, or about five minutes per
side. Meanwhile, toast the buns on the
edge of the grill or in a toaster. (AP)



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How You Doing?

Scottish scientists study pickup line psychology

Even the worst pickup lines — like, “You remind me of a parking ticket, because you’ve got ‘fine’ written all over you” — serve an evolutionary purpose.

Researchers at the University of Edinburgh have conducted a study of phrases uttered by Casanovas, which appears in an October issue of the psychology journal *Personality and Individual Differences*.

More than just another opportunity for embarrassment in the pursuit of love, opening remarks at a bar reveal volumes about character and general fitness. And they reveal who the user is trying to attract. Peter Caryl, one of the study’s authors, figured this warranted a closer look.

Caryl and his team have the pickup line down to a science — literally. For the study, 127 females completed a survey to determine their personality type. They were then asked to rate the effectiveness of 40 vignettes, each one describing a sce-



An earlier study conducted by the researchers ranked the overall effectiveness of the same 40 vignettes, some written by the researchers and others culled from TV, movies and Web sites. Canned compliments did poorly, while ones that reflected the specific situation or surroundings did best. Offering thoughts on a painting at a museum worked (though it helps to know something about art), as did asking for help in picking out a watch for a friend.

nario of a man trying to strike up a conversation with a woman.

Though there was plenty of overlap among the groups, extroverted women tended to prefer funny opening lines, and non-conformist women resisted displays of wealth and appeals to their sense of culture. Chivalry appealed widely. A scenario in which a potential suitor chides drunken louts who cut in line won the hearts of female subjects in all personality categories.

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